

Around city hall

Housing, right-of-way

By MARGARET COLLINS
Mayor

Next Monday evening, July 7, at 7:30 p.m., the City Council will hold a town meeting at the Community Center to hear comments on two issues:

1. A concept plan for the Santa Fe Railroad right-of-way.

2. The proposed use of city-owned property at Moeser and Ashbury for a seniors housing project.

Both of these issues will have significant impact on the future of our community. You are invited to attend, to become informed and to participate.

For about two years, the city has been negotiating and planning for taking over the Santa Fe right-of-way after abandonment by the Santa Fe Railway Co. Early this month, Santa Fe presented the city with a deed to the bulk of their right-of-way through the city (it is a strip of land averaging about 40 feet wide which runs parallel to the BART tracks overhead.) For the last three months or so, a special committee composed of representatives of the Planning Commission, Design Review Board and Parks and Recreation Commission has been working on a concept plan for the ultimate development of the strip. A concept plan has been prepared by the committee. It will be submitted to the Council at the town meeting on July 7.

Exhibits were beautifully prepared by Richard Itaya showing various alternative treatments of the strip. This is an asset which will benefit the city forever into the future. It would be worth your time to learn about the concept plan and to express your feelings about it. Remember, 7:30 p.m., Monday, July 7.

Also scheduled for the July 7 town meeting is a hearing on the proposed use of the city-owned property on Moeser at Ashbury for a senior housing project. This site includes the present site of the El Cerrito Pre-school, together with a portion of the parking lot immediately south of the pre-school. It excludes the site of the Contra Costa Civic Theatre and that part of the parking lot immediately south of the theatre. This site is one of perhaps 10 sites which have been explored. Perhaps some will recall the efforts to acquire

the Mira Vista School Annex site. The school district ultimately decided not to dispose of the site, which removed it from consideration.

Every site in the city which was explored had some drawbacks. An obvious drawback to the Moeser Lane site would be the forced removal of the El Cerrito Pre-school. On the one hand, the city as a whole (as expressed in a 1978 election) strongly favors seniors housing. On the other hand, any specific location impacts a neighborhood and displaces other community facilities of value. These aren't easy decisions, but it is the Council's responsibility to decide. We need your help. Help us to consider this problem by offering your constructive suggestions either in person or in writing at the July 7 town meeting.

In passing, I should mention one other happening involving the cable television service. Last month the Council granted a rate increase (the first in five years) to El Cerrito Video System. El Cerrito Video, however, also had requested deregulation of rates on the franchise agreement. Last year the state legislature passed a bill giving local CATV systems the option of freeing themselves from local rate regulation by opting under state law for regulation by a state

board and a state tax. That law has a December 31, 1983, sunset clause, — that is, it automatically goes out of existence at that time, which would restore local regulation.

City regulation is based on the use of city streets for cable (on poles) and is subject to a franchise agreement. At any time the state can pre-empt local control and take over for the state. Law was enacted last year to do that, based upon the option of the CATV franchise. In the ensuing negotiations, the Council would not grant rate deregulation by amending the franchise agreement. Last week El Cerrito Video Systems notified the city that it had chosen to be covered by the state law. Therefore, the city presently has no control over CATV rates. We anticipate, however, that control will be restored in 1984.

As a practical matter, CATV rates are controlled closely by competition from the excellent off-the-air signals received in most of El Cerrito. If rates are advanced too much, subscribers will cancel the service. Join us on the evening of the 7th at the Community Center.

Visit us at almost every other Monday night at 8 p.m. in City Hall for important discussions on community issues.

Kensington Symphony ticket drive begins

KENSINGTON — The Kensington Symphony recently began its annual subscription drive and is selling tickets for its 1980-81 season for \$17 each.

Tickets are available by mail from the symphony, 1 Lawson Road, Kensington 94707. Concerts are held Sundays at 7 p.m. in the First Unitarian Church, 1 Lawson Road.

Mary Jo Ahlborn, violinist, will join in the Symphony's performance on Dec. 7. Compositions by Gluck, Mottl, Stravinsky, and Berlioz will be performed. Violinist Robin Hansen will play the Sibelius Violin Concerto on February 15, 1981. A work by the winner in the New Composition

Competition as well as Handel's "The Royal Fireworks" and selections from Wagner's "The Valkyrie." Act III will also be presented.

The April 4, 1981, performance will feature the winner in the Young Soloists' Competition. Robert Kissel will conduct the overture to Barber's "School for Scandal" and the Symphony No. 5 by Schubert.

The season will conclude with two performances of Mozart's "Così fan tutte" on May 22 and 23. The Baroque Musica will join in this production.

For further information, call Mary Jo Rudy at 654-0333.



Pennsylvania quilt, circa 1880, titled "Log Cabin Barn Raising"

Co-op, center plan E.C. flea market

EL CERRITO — The El Cerrito Co-op Center Council and the Community Involvement Center (CIC) will co-sponsor a Fourth of July flea market in the co-op parking lot, 1751 Eastshore Blvd.

The event will be held from 10 a.m. to 3:30 p.m. A Dixieland band will entertain and free balloons will be given out while shoppers visit the more than 100 food and merchandise booths.

Proceeds will benefit the co-op council and sponsoring CIC organizations, including the League of Women Voters, Gray Panthers, Common Cause, West Contra Costa Peace Committee, Richmond Federation of Teachers and the Greater Richmond Interfaith Program.

All sellers must be co-op members or a non-profit organization. Booth fees are \$15, \$5 of which is a refundable clean-up fee. For more information call 524-5658.

Future lawyers
ALBANY — Albany residents Geraldine A. Johnson, Kathleen Quenneville and Julie Starita received their Doctor of Jurisprudence degrees at Golden Gate University on May 31.

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Patience Corners quilt month program

ALBANY — Patience Corners, a fabric store at 1382 Solano Ave., will celebrate Great America Quilt Month during July with special events and programs.

Owner Marilyn Davis said on July 8 there will be a premiere showing of Pat Ferrero's new film, "Quilts in Women's Lives." The film, accepted for the Margaret Mead Anthropological Film Festival, examines quilt-making as a system of communication and

record-keeping. Davis said she will show the film "The Quilt" for free on July 8 at 8:30 p.m. Other programs include the only Bay Area quilt restoration workshop and a quilting clinic. On display through July will be antique quilts from the collection of Mary Strickler. For further information call 526-5947.

Mail bag

Thanks, but . . .

Editor: Thank you for the article on the League of Conservation Voters. I must point out one correction—I am not a lobbyist.

I am required by law to tell you that I am not a registered lobbyist.

Martha Ture
Kensington

Editor's note: Times Journal reporter Steve Kanigher, who wrote the story on Ture and the

League, did not call Ture a lobbyist. The editor's headline was "Kensington Ture a 'Kensington' lobbyist." The paper apologizes for the error.

Ellis wins prize

ALBANY — The Ellis of Albany won place in the men's sweater category in the 1980 Alameda County Fair Home Arts competition.

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Berman: being 65 is not the end

By ROBERTA ALEXANDER
ALBANY — A lot of people believe that once they retire from their jobs, they become worthless and they are encouraged in that belief by a society that worships youth.
This negative attitude is part of the challenge that Louise Berman has chosen to confront. Berman, a 65-year-old Albany resident, manages Avenue resident, a pre-retirement consultant.

"I try to do two things," she said. "I try to provide information and I also encourage individual responsibility — there's a lot that people have to do for themselves."

Berman is not a counselor. "I'm working one-to-one with groups," she said. "I work with groups." Berman is a consultant. That's the bulk of her work. She does a contract basis with area businesses.

"I'll go into a company and do a two-day workshop," she said. "We'll look at attitudes toward work, moving, activities, relationships — and how they change — being a worker versus being a retiree person, health, finances."

Exactly what she does depends on what the company needs — "this is not a standard program" — and sometimes the company is exactly sure what it needs.

"My business is to determine their needs and then help them," she said. "I usually like to work with people who have time before retiring," she said, but some of her workshops include people retiring the following week.

In any case, she says that it's important for workshop participants "to have an environment in which they can examine their attitudes. I try to provide an opportunity to look at their goals and goals."

She sees a need for services like hers because of changes in society.

"People used to work until they died," she pointed out.

Nowadays, people live longer and no longer have clear-cut family roles that they used to have. "Grandparents are a lot younger," she said. "There are more choices."

At the heart of Berman's teaching is a belief in individual worth and in the need to make educated choices about one's life. It's the same philosophy, applied to herself, that she uses when making a presentation to a potential client.

"It's important to convey others that you have something worth doing," she said.

It is that belief that transformed Berman, an English teacher from Rhode Island, into a pre-retirement consultant in business for herself.

Marx receives student award

ALBANY — Albany resident Margaret A. Marx won the D. J. Duncan Citizenship Award as the outstanding marketing student in the Bachelor of Business Administration program at UC-Berkeley.

Marx, a marketing representative for International Business Machines in San Francisco, served as 1979-80 president of M.B.A. chapters. Before coming to Berkeley, she was graduate cum laude from Cornell University.

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She always had been drawn to older people: "if an older person needs directions, they always pick me out of the crowd to ask," she said.

When she left teaching and moved to New York in the late 60s, she worked as a computer programmer and volunteered at a senior center in the Bronx. When the center received federal funding, Berman was offered a job as a group worker.

"I knew that that was for me," she said. "I didn't want to do one-to-one counseling and have responsibility for all the problems. I like working with groups."

She spent eight years as director of the center's lunch and recreation program before moving to the Bay Area in 1976.

During those years she was sometimes distressed at the attitudes both of the older people she worked with and of younger people whom she met socially.

"People responded to hearing about my job by saying, 'oh, that's marvelous!'"

Berman realized that people only said that to her because they believed that

aging was so terrible that anyone who chose to work in that field must be a candidate for sainthood.

"They needed their consciousness raised," she said.

And some of the older people she worked with clearly reflected a similar bias, believing that since they were old, and therefore not taken seriously, Berman's work couldn't be taken too seriously either.

And so Berman had become a bit of a crusader.

"Marketing myself is an educational process," she said. "I must teach people

there is a need."

Before branching out for herself, she spent two years working in San Francisco on a federally-funded model project which involved compiling a directory of innovative projects in aging. During that same period of time, she earned a master's degree in gerontology from Holy Names College.

Besides her workshops, Berman also teaches classes on getting ready for retirement at the Albany Adult School, the Peralta Colleges and Chabot College.

"I'm more ambitious here than I was in New York," she said.

In five years, she'd like to have a home large enough for her to have a real office in it. "I'd like my name to be known in the field and have my business develop by referrals. I want to be self-sufficient."

She's not afraid of her own eventual retirement: "I'll keep developing new interests," she said.

Indeed, her present life is in some ways like a retirement from a regular job.

"I have no clock to punch, no boss. I structure my own life, and that requires discipline. It lets me do many pleasurable things. I can work when I want to."

Even those activities that in a large company would be done by someone else, such as correspondence and accounting, are enjoyable.

"I'm very interested in it all because it's so personal," she said. "It's mine."

Louise Berman can be reached at 526-2783.



Louise Berman —Time Journal photo by Michael Russell.

Note of thanks

We would like to express its gratitude to the parents, neighbors and businesses who gave their time and support to make our Senior All-Night Party not only possible, but a success.

Our thanks to the following contributors: Celemedos Market, Super Stop Market, Alan V. Caruso Agent, Mr. and Mrs. John Parr, 1000 Oaks Pharmacy, Harbert's, Thomas' Hair Styles, Chin's Arco Service, Lensart Studio, Oaks Theatre, McDonalds (San Pablo-Berkeley), Record Factory (El Cerrito), Ron Perdue's, One Hour Martinizing (Albany), Albany Theatre, Lions Club (Albany), McCallum's, Gersh Photo, 1000 Oaks Hardware, Fidelity Savings (Solano-Berkeley), Colombo's Deli, Iceland (Berkeley), The Round Table, Jay Vee Liquor (San Pablo-Washington), Safeway, Club Mallard, Sizzler (Albany), Gas & Photo Center, Mary & Joe's, Bob Alverio Agency, Adio Temporary Service, Albany Bowl, Al's Big Burger, California Federal (El Cerrito), Times Journal, Longs, Mechanics Bank (Albany), Wells Fargo Bank (El Cerrito), Refractors, Taylors of Berkeley, Lee Frank Mfg. Jewelers, Allstate Savings (Albany), Wells Fargo Bank (North Berkeley) The Shoe House, P.I.P. (Albany), Smith Printing, The Tipographia, Cal Taco, Inc., Radio Shack (Albany), Steven's Jewelers, Founders Title, Albany Exxon, Louie's Italian Delicatessen, Baskin Robbins (Solano-Berkeley), Systems Warehouse (Berkeley), Olympic Savings (Solano), Oaks Jewelers, Wolf's of Berkeley Jewelers, Nielsen Framing, California Cinema Center, Triangle Paint Co., Red Vest Pizza, Robert L. Nehls Insurance Broker, House of Kitchens, U.A. 4 Theatre (Berkeley), Kentucky Fried Chicken (San Pablo-Berkeley), Granholt Sheet Metal, American Florist, Sam's Pharmacy, Seven Eleven (Albany), Jeans' Realty, El Nido Market, Lucky Stores, Inc., Flowerland, Zari's Delicatessen, MacFarelane's (El Cerrito), George G. Chin Agency, Lucky Lanes and Olde Hickory Bar-B-Que Pit.

Albany High School Class of 1980

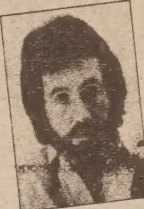
Class of 1955 seeking 'lost' classmates

EL CERRITO — The El Cerrito High School Class of 1955 is planning its 25th reunion this year and need help finding some of its missing classmates:

Jane Barthold, Robert Bell, Lorna Crowe, Richard Clark, Sheila Griep, Barbara Herrmann, George Hill, Helen Janzen, Glen Kjeldstrom, Jim Leslie, Doug Muncy, Judy Muirhead, Barry Murphey, Susan Reed, Sharon Roberts, and David Rynan.

Anyone with information on the whereabouts of any of these persons is asked to contact Sandy (Olson) Vernon, 45 Allston Way, San Francisco, Phone 664-2160. Or Janice (Berthelsen) Pascoe, 2224 Sheridan Way, Stockton 95207. Phone (209) 951-1976.

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School board wrangles over hiring of English teacher

By ROBERTA ALEXANDER

ALBANY — The high school got itself a new English teacher for next year, but not without more than an hour of debate and vehement protest from the teachers' union.

A resolution to hire Josephine Schroeder to teach English, speech and drama was added orally to the consent calendar at last week's board meeting. Teacher representative Charles Clarke promptly objected.

"We understood that there would be no new hiring until some sort of money proposal is made in negotiations," he said.

The board had decided earlier this spring not to negotiate money items with the teachers' association until it learned what its actual allocation from the state would be.

Clarke said the teachers have been negotiating "in good faith," and urged the board to postpone the hiring of Schroeder until more budget information was available.

"We must consider the inflation in the Bay Area," he said. "The teachers feel that we are subsidizing this terrific school system; it survives on the shoulders, on the sweat of teachers."

"Some teachers may be willing to give up salary rather than program, but many teachers don't have two salaries at home. They believe in education — they've devoted their lives to it — but they aren't willing

to say that this hiring isn't a money proposal."

Schroeder would not increase the size of the English department, but would replace Dan Delaney, who resigned. New superintendent Steve Goldstone said this was a replacement rather than a new hiring, and that some cuts elsewhere in the high school made up for the salary of another teacher.

English department chairperson Connie Wouff responded that next year's enrollment is not expected to drop, and that there was no one presently on staff who could handle the work. She praised Schroeder as the unanimous choice of all who'd seen her, noting in particular that she was qualified to offer speech and drama electives, which no one else on staff has been able to do.

"People here want qualified staff at the high school, not babysitters," Wouff said.

Clarke bristled. "I take exception to the idea of teachers as babysitters. We view ourselves as instructors."

Clarke also emphasized that his objections had nothing to do with Schroeder's qualifications.

"This person must be outstanding," he said, "but we would like some sort of money proposal before we hire any personnel."

He added that he would prefer to negotiate these items in private, rather than public sessions.

Wouff said that Schroeder had

been chosen in good faith, and that the job search had predated the union negotiations.

Negotiations began in March, Clarke responded. After some discussion, high school principal Jim Walker said the job vacancy was posted Apr. 1.

Board member Gerald Brunetti told Clarke that, as a teacher himself, he was particularly sympathetic to the money argument, but that he also was committed to quality basic education, of which English was a vital part.

He referred to the "butchering of the social studies program," and said he was "reluctant to risk losing a strong person in an important subject."

Board member Bonnie Cediell said she found the whole process "discouraging," because with a tentative budget it was impossible to know how much money the district would really have and yet it was necessary to make decisions "with professional people."

Clarke dragged in another negotiating issue — "how can you tell teachers whose classes are over contract size that you're hiring a new teacher?" — and asked that the decision be postponed until next month's board meeting, when more budget information may be available.

He was supported by fellow teacher Al Radford.

"No person is so indispensable that we must take precipitous ac-

tion. I don't agree that this is so urgent that we must set a dangerous precedent," Radford said.

The board then went into executive session to discuss the matter further. Wouff took advantage of the break to chastise Radford for his remarks.

"How could you stab me in the back like that?" she said.

Radford took exception to her words, saying that he was an adult capable of speaking his mind and that he believed in freedom of speech. Wouff retracted her remark and the discussion proceeded along more amiable lines.

The board returned and voted to hire Schroeder, with a rare split vote (Cediell and Bob Nehls voted no).

In other business, the board adopted a compliance plan to conform to the laws requiring accessibility for the handicapped.

Craig Boyan, director of special services, said the compliance plan should have been acted on in 1977, and that the deadline for making the changes was earlier this month.

"But we're not unique in this," he said, reminding the board that the government had written complicated guidelines without providing any money for implementation.

"We've done as good a job as we could," he said.

He said the district was in pretty good shape, with only the children's center and the high school presenting serious difficulties.

Boyan said that the federal government could withhold money from a district that was not in compliance, but that he considered it highly doubtful in Albany.

"With this plan on file and our good faith efforts, we should be okay," he said.

Boyan's report noted that since the Federal Rehabilitation Act of 1973, the district has completed two new schools — Marin and the middle school — that conform to the new codes, added an elevator at Cornell and the district office, put in a ramp at the high school and a lift for the handicapped at the pool.

The report concluded that making top priority changes that eventually may be required could bring the bill to \$176,741. The high-priority items, scheduled for this coming year, include providing accessible parking spaces and identification signs at all sites, making the telephones accessible (that is, lower, with Braille numbers) and placing warning strips on stairways.

The board received, but did not discuss, a report on eighth grade test results. The tests, according to assistant superintendent Richard Rosenquist, are more comprehensive than those required by the state and measure reading, spelling, language and arithmetic skills.

For the 90 students (out of a total eighth grade of 165) who took a similar test as sixth graders, there has been more than expected growth in all areas. Spelling scores

were 16 months higher than projected; math scores, 15.5 months.

Of the total class, 22.4 percent scored below the eighth grade students, seven special education students, 10 with long-term difficulties and 11 others in those categories. There was a similar breakdown of math scores.

One of the problems noted in the report is that only slightly more than half the eighth grade class has been in the school for three years — "pupil mobility is a continuing problem," the report stated.

The board also approved a plan in food prices. Elementary school lunches will cost 80 cents, middle school lunches 90 cents and high school lunches were raised 10 cents apiece.

The following staff changes were approved:

Jean Rapraeger has resigned as physical education teacher at middle school.

Marian Leibowitz, coordinator of Instructional Aides, and Caroline Dunham, Holly Blohm, Zanae Jellicott and John Blohm have resigned.

Ellen Benson was employed as temporary replacement for garten teacher Pat Donaldson on maternity leave.

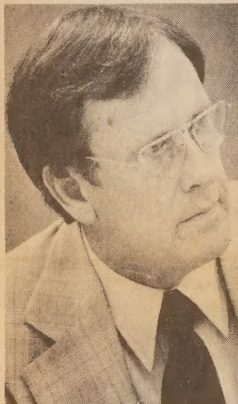
Patricia Harkleroad, teacher of the children's center, is leaving to teach in Samoa.

Budget: teachers won't get 20%

By ROBERTA ALEXANDER

ALBANY — Judging by the tentative budget adopted by the Board of Education at its meeting last week, the district's teachers aren't going to get anything close to the 20 percent pay raise their union is seeking.

Business manager John Fike em-



John Fike

phasized that this is the first of three budgets his office will prepare, and that the final budget is not likely to be adopted until September.

The tentative budget had to be enacted by June 30 in order for the district legally to pay its bills after the start of the fiscal year, July 1. It is based on an educated guess of how much money will come from the state, since the legislature had not enacted an appropriations bill by its June 15 deadline.

It is based on the present authorization bill — AB 8 — and includes a 4.5 percent increase over last year. Fike said that the total \$6.6 million budget "is conservative," based on minimal expectations.

The tentative budget provides slightly less than \$3 million for salaries of certificated staff — mostly teachers. That doesn't include any raise, Fike said, but does provide for pay increases for those teachers who have earned increments according to the present contract.

Where raises might come from is the \$315,782 contingency fund. Historically, the district keeps \$100,000 in the contingency fund for emergency use.

That leaves something more than \$200,000; if the entire amount went to salaries, it would mean a 5 percent pay raise. (Fike's figures indicated that it costs \$40,000 to provide a 1 percent raise.)



—Times Journal photo by Christopher Agler

The picketing goes on 15 hours a day at Pic-N-Pac

Albany finally gets its goats

By BARBARA ERICKSON

ALBANY — Nanny goats and castrated male goats, at work or living the life of ease as pets, have received official and updated recognition in this city.

For a year now pet goats, up to two per owner, have been allowed in Albany, but until the council passes the first reading of a revised goat ordinance Monday night, working goats have not had a place in the city's laws.

The new law does not set the cost of a permit to keep goats, but it states that one is needed and that neighbors of goat owners can complain to the city for redress if they are offended by the animals nearby.

Once the second reading is passed, the law will allow one goat per 150 square feet, with 100 square feet required for each additional goat. Goat owners and those keeping the animals for weed abatement work, must also provide goat shelters and fences. Unattended

tethered goats are not allowed, cause, goat fanciers say, the animals have been known to injure themselves when tethered.

A herd of weed abatement goats now working on a contract in brush, thistles and grass in Albany Hill, brought on the City administrator William temporarily banished the goats he discovered they were in the law, he said, only allowing goats per owner.

But now that law is changing, the weed abatement goats been allowed to continue their work on a temporary reprieve as they worked out its new ordinance. The course of revising the law council also provided for castrated male goats within the city limits. Only nannies had been allowed before.

But goat herders and pet owners will have to prove that their goats have been altered, either by a veterinarian or a vet or by a control officer's inspection.



QUIZZICAL GOAT—A goat looks up from grazing as it asks why the media has taken such an interest in them of late. The answer may be that the goats now have their very own ordinance.

State begins its new year sans budget

SACRAMENTO (AP) — California began a new fiscal year today without a budget, but most state employees reported for work as usual despite the threat that they might not be paid.

But in the office of Controller Ken Cory, who had made that threat, the lights were out and only a skeleton volunteer staff showed up, said spokeswoman Judy Pond. She said Cory did not come to work.

There had been reports that some prison guards might stay off the job, but Jim Park, assistant deputy director of the Department of Corrections, said some guards were off the job at only two prisons.

Park said about 70 of 170 guards were out at the Soledad Correctional Training Facility and 65 of 110 at the Correctional Medical Facility at Vacaville. The California Correctional Officers Association had predicted many of the 4,000 guards it

represents would not work without pay.

"Most of the state work force has showed up for work," said Keith Hearn, spokesman for the California State Employees Association, the state's largest employee group. "We're continuing to advise employees to show up for work," he added.

Failure to enact a budget by today's start of the 1980-81 fiscal year left the state without power to pay its bills and salaries.

The \$24.1 billion budget stalled in the Legislature Monday after three days of maneuvering and negotiations between Democrats and Republicans over welfare grant increases.

The budget bill went down to defeat in both houses. The Assembly vote was 47-25, seven short of the two-thirds majority needed for approval. The Senate's 23-17 vote was four short.

Bill sponsors were given permission to seek second votes on the measure, however, at later sessions.

It was the eighth time in 12 years that lawmakers have failed to make the July 1 deadline. Last year the budget was 12 days late.

In prior years, failure to pass a budget on time caused no serious problems. State employees were simply paid retroactively for the period between July 1 and the time a budget bill was signed by the governor.

But this year Cory, citing a recent court decision that struck down a retroactive raise, warned that retroactive paychecks would be illegal and said he would not issue them unless ordered by a court to do so.

In a last-minute effort to circumvent Cory's threat, the Legislature passed and Brown signed a bill aimed at guaranteeing state employees their pay despite the deadlock.

Pic-N-Pac Strike enters fifth week

By STEVE KANIGHER

EL CERRITO — There is no end in sight for the five-week-old strike by clerks against Pic-N-Pac Liquor stores in El Cerrito, Concord and Berkeley.

Officials from Retail Clerks Union Local 1179 in Martinez and Pic-N-Pac owner George McDermott both say they tried to set up negotiation dates, but add that one or the other have not been available during those dates.

Local 1179, representing three clerks in El Cerrito and pickets in Concord, is seeking a 30-month contract retroactive to last Mar. 1. They are asking for a 70-cent raise in their hourly wages for the first 10 months of the contract, an additional 35-cent raise in the second 10 months and another 40-cent increase covering the final 10 months.

HYDRANT—

(Continued from Page 1)

isn't my fire plug.

"I left from the city council meeting not knowing what to do."

EBMUD owns the hydrants, but the city decides where they will be placed. Marken estimates the hydrant in front of his home has been there since the late 1920s. He purchased his property and began to build his home during World War II. The property lines, he said, were drawn up in such a way that the positioning of the hydrant in the middle of the parking strip was unavoidable.

To complicate matters, Marken's narrow garage can house his two vehicles, but they must be parked in tandem. He also has a steep driveway sloping down to the garage.

So, if he wants to drive one vehicle and the other one is in the way, he has to drive both of them up the driveway and into the street. He said he wouldn't be hassled if the fire hydrant wasn't in the way.

"The only thing I want is a parking space in front of my house," Marken stated. "I'm burned up about the whole thing, but what can I do?"

Fran Keefe, secretary-treasurer for the local, said the union's contract request is similar to agreements signed by liquor store owners throughout the state. Retail Clerks' Union Local 870, representing Berkeley clerks, is presenting McDermott with a slightly different set of demands.

Keefe said the last contract McDermott had with the El Cerrito clerks expired last September, but it was extended six months to give the store owner a better chance to measure the financial impact that the repeal of state trade liquor laws in 1979 had on Pic-N-Pac.

One picket at the El Cerrito store at 10012 San Pablo Ave. said he heard the strike has cut business in half. But McDermott said business is down only about 10 percent.

Housing site hearing set

EL CERRITO — The El Cerrito City Council will hold a hearing on the site it has designated for elderly housing on Monday, July 7, at 7:30 p.m. in the Community Center on Mooser Lane.

The site has been contested recently by the El Cerrito Pre-School Co-op, which presently occupies the site.

All interested persons are invited to attend.

BUILDING—

(Continued from Page 1)

ing has a five-year lease just like I do. I look at it sort of philosophically in that it was a stupid mistake on my part to open this place up with a five-year lease. If I wanted to sell the business after a few years, nobody would buy it with a two- or three-year lease.

Closed July 4th

ALBANY — The Albany City Hall will be closed on Independence Day, Friday, July 4, according to Edith Rapella, deputy city clerk.

LOANS

(Continued from Page 1)

eliminate the use of tax-exempt bonds for such purposes. Bondholders. Mrs. Smith said the bond issues probably would be no more projects authorized before the bill takes effect would not be affected, she said.

No date was set for when the bonds would be put on the market and the total amount is apt to be much lower than the amount — about \$10 million, though subsequent issues could raise that total.

The money raised by the bonds could prove a boon for families unable to buy a home because of high mortgage interest rates. They could also help people who now own substandard homes.

The \$15 million would be used to provide mortgages at below market rate to homebuyers who show the ability to repay the money. There are no other restrictions. A downpayment of 5 percent would be required. The mortgages would be made only to buyers of new developments specified by the city.

A similar program begun late last year created \$1 million in mortgage money for purchasers of new townhomes near the intersection of Hill and Lexington streets. The homes sold for slightly less than \$100,000.

ALBANY—

(Continued from Page 1)

consider the additional officer before we fund these others."

After the council had finally approved the senior director, sidewalk repairs, and other additions along with some cutbacks, the funds for an additional police officer were not in the budget. Johns had tried to keep this money in reserve for possible funding at mid-year.

Calendar

EL CERRITO

Planning Commission — Wednesday, July 2 at 8 p.m. in the council chambers, 10890 San Pablo Ave.
City Council — Monday, July 7 at 7:30 p.m. at the Community Center, 7007 Mooser Lane.

ALBANY

Civil Service Board — Wednesday, July 2 at 7:30 p.m. in the conference room, 1000 San Pablo Ave.
City Council — Monday, July 7 at 8 p.m. in the council chambers, 1000 San Pablo Ave.

Planning & Zoning Commission — Tuesday, July 8 at 8 p.m. in the council chambers.

Committee on Aging — Tuesday, July 8 at 7:30 p.m. at the Albany Senior Center, 846 Masonic Ave.

A classified ad in the Times Journal can help you sell anything — Call 525-2644

Parks & recreation

ALBANY
The Albany Park & Recreation Department has a schedule of activities for people of all ages during summer.

For further information, call the department at 1000 Pablo Ave. or call 644-1000.

The activities include: children's pre-teen tennis; teen tennis clinic; tennis lessons; gymnastics for children 18 years through nine years; teenage athletic program; plastic ball; women's softball; men's softball; men's liniment; league; two summer day camps, which will run four three-week sessions; music program

for students in grades four through nine; yoga class for adults and teens; pre-teen pottery; adult and teen pottery; dog training class; pre-school program; cake decorating classes; creative puppetry classes for children ages four through 12; calligraphy classes for teens and adults; and jazzercise classes for teens and adults.

KENSINGTON
Kensington Recreation will accept registration beginning Monday, July 7 for classes at the Youth Hut in dog training, aerobic dance and exercise, and Dim Sum hors d'oeuvres.

Signups will be taken at the Recreation office, 59 Arlington, on Mondays, Wednesdays and Fridays

from 1:30 to 4:30 p.m. Checks can also be sent to: KCC, 59 Arlington, Kensington 94707. For more information, call 525-0292.

Dog Training
Dog training classes will be held on Wednesdays, July 9 to Aug. 13. Beginners will meet from 7 to 8 p.m. Conformation meets from 8 to 8:45 p.m. and advanced dogs will meet from 9 to 9:45 p.m. Fees are \$17 for beginners, and \$2 a class for conformation and advanced.

Handlers must be over 14 years old. Dogs must be at least five months old, have had their shots, and be used to a leash.

Aerobic Dance
An aerobic dance and exercise class, set to music,

will be held on Mondays and Fridays, July 14 to Aug. 15, between 10 and 11 a.m. The class is designed to improve the heart and lungs and tone muscles. Each session will include a warm-up and cool-down period. Instructor Patricia Webb has a masters degree in physical education. The fee is \$17 for once-a-week attendance and \$30 for twice-a-week attendance.

Dim Sum
A one-day workshop on the art of preparing Dim Sum will be presented by Lonnie Mock, author of "Favorite Dim Sum" and "141 Chinese-Style Chicken Recipes," on Saturday, July 12 from 9:30 a.m. to 12:30 p.m. Ginger beef rolls, curried pot sticker

Summer programs set for handicapped kids

The East Bay is offering a variety of programs this summer for handicapped youth.

Accessible parks are Tilden (525-2333), Sunol (862-2244) and Coyote Hills (471-4967). Call for activity information.

A social and recreational program for mentally retarded youth 16 and over meets in Alameda on Thursday evenings. The group also has Saturday field trips. Call Sherry McCarthy (522-4100, Ext. 227) to register.

Captioned movies for hearing-impaired children

are free at the Oakland Public Library. They began June 14 and are offered on alternate Saturdays at 2 p.m. The library is located at 125 14th St.

Creative dance theater for hearing-impaired children ages three to 14 is offered in Berkeley. Call 527-7048 or 526-9783 for information and fees.

Horseback riding for physically and mentally handicapped persons of all ages is available at the All Seasons Riding Academy in Fremont. Call 651-7390.

Day care centers that accept handicapped children are listed at Bananas in Oakland, 658-0381.

There are also a number of day camps specifically for the handicapped:

Redwood Regional Park in Alameda takes mentally

handicapped youngsters the week of Aug. 4 to 8 and hearing impaired kids from July 14-18. The cost is \$18 per week or scholarship. Call 522-4100.

The Berkeley YMCA includes the handicapped in all activities, including swimming and gymnastics. There is an \$8 membership fee. Call 848-6800 for camp information.

Horizon Day Camp in Fremont runs weekly sessions for the mentally handicapped from July 7 to Aug. 8, at \$20/week.

Your news in print

The Times Journal encourages feedback from its readers in the form of letters to the editor and contributions in the following areas: writer's corner, coming events, local history, church news, club news, senior citizen activities, the arts, sports and other outdoor activities.

Items should be typed and double spaced on 8 1/2 x 11 inch paper. The deadline is Thursday at 5 p.m. for publication the following Wednesday. The newspaper reserves the right to edit submissions as it sees fit.

The Times Journal is located at 1247 Solano Ave., Albany 94706. If you have any questions, call 525-2644.

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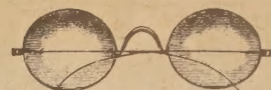
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East Bay hams participate in nationwide 'emergency'

By STEVE KANIGHER

ALBANY — A young man in a recreation vehicle tapped rapid Morse code messages over his ham radio system to other hams throughout North America.

Stationed on the north parking lot at Albany's Golden Gate Fields, Paul Zeppa managed to throw his radio antenna over a nearby 40-foot light pole. He accomplished his feat by casting a sinker with fishing line over the pole. The fishing line was tied to a rope, and the rope was attached to the antenna. The antenna was raised as the sinker fell to the other side.

Hams will do almost anything to get reception, particularly in an emergency. Last weekend, Zeppa and fellow members of the East Bay Amateur Radio Club participated at GGF in the 47th Annual American Radio Relay League (ARRL) Field Day emergency preparedness test.

Thousands of amateur radio operators throughout the United States and Canada participated in the test, using only emergency power and portable antennas from 11 a.m. Saturday, June 28 to 11 a.m. the following day.

When hams contacted one another they exchanged such information as their location, the type of equipment they used and its capability, their call letters, and the number of other ham units in the immediate vicinity. The radio operators were supposed to keep a record of these contacts and mail them to the ARRL in Connecticut, where they will be analyzed and returned to the hams within six weeks.

As an added impetus for radio clubs to participate, the ARRL will rank the clubs according to the number and capability of units on hand and their ability to transmit and receive signals with as little power as possible.

The East Bay Amateur Radio Club, with 75 to 100 members, isn't as big as other clubs and therefore didn't expect to be ranked very high. But they thought they'd get a lot of points through the efforts of Joe Lee.

Lee peddled steadily on an exercise bike to power a battery. The battery was used to power a transmitter using a little less than five watts (amateur hams are allowed to use up to 1,000 watts with the proper license). Through leg power, he was able to make radio contacts in Brisbane, Fremont and Alcatraz Island, where a ham

radio operator is stationed 24 hours a day.

The hardest part is the first few minutes," Lee said of his peddling. "After that you don't feel any pain. I've been practicing every night for the past six months so I could get in condition for this. It's awful hard to get started again once you get off."

In an emergency, small, portable ham units with limited power are often more valuable than larger ones because they are easier to transport. That's why the ARRL award top points to Lee.

Club member Don Waits of El Cerrito explained that ham radios are valuable in emergencies because they don't rely on power lines, as this test proved. Many clubs nationwide, he said, have already worked out plans with their local police and fire departments to help set up lines of communication during emergencies.

The East Bay club chose GGF as a testing site because it is in a flat, open area which is easily accessible and doesn't interfere with anybody else.

Steve Dodge, who stuck a 20-foot portable antenna in sand on the edge of the bay, added that the high electrical conductivity of salt water in the bay makes it easier to transmit and receive messages.

Not everyone had good luck, though. Carl Clark, who got his ham license a few years ago when he was 75, stood around chatting with colleagues as the unit in the back of his station wagon was cooling off.

"I think I overheated the transistor on the output line," noted Clark, whose radio was driven by a gas-powered generator. "When you blow the transistors up it shuts down, period."

Some of the club members wore hats with their first name and call letters. Clark's call letters, for instance, are WA6KTL. The 'W' stands for the United States and the '6' stands for a specific region including the Bay Area.

The old-timers liked trading stories about their experiences over the air. Charles Henry, a ham for the better part of this century, spoke of one time when he made contact with the only known ham operator in Tibet. He also related a story about his brief contact with Arizona Senator Barry Goldwater.



Joe Lee and his dog, Fluffy, do their engineering the hard way

"A few years ago he was out here at a ham convention and he had a portable rig set up in his hotel room," Henry recalled. "I was in my home station in Richmond. He just said his name was Barry and told me what type of rig he was running."

"Of course, there were a lot of people trying to work him at the same time. So he'd clear one and another one would come right in."

Henry knew it was Goldwater because hams receive annual code books, listing the names, locations and call letters of every ham operator. Henry said other famous hams include TV personality Arthur Godfrey and King

Hussein of Jordan.

Waits said the club plans to conduct a county-wide radio operation for beginners sometime in August. "It takes about the same amount of knowledge as it does to get a driver's license for your car," he remarked.

The East Bay Amateur Radio Club meets on the Friday of the month at 7:30 p.m. at the Salvation Army, Rheem Avenue and 36th Street in Richmond. For information on club activities, call Dave Tyler at 525-8233 or 233-5833.



Steve Dodge ran his ham rig out of a friend's car

Fall foliage tour covers U.S., Canada

EL CERRITO — From Sept. 24 through Oct. 13, the El Cerrito Parks and Recreation Department will sponsor a deluxe Fall Foliage Tour.

This air and motor coach adventure will cover the eastern United States and Canada.

The tour includes round-trip air travel from San Francisco, professionally escorted with historic and cultural commentary, first-class deluxe hotels, six din-

ners, two lunches, four breakfasts, deluxe air-conditioned and lavatory-equipped motor coach, all baggage handling, all airport transfers, and entrance fees and admissions.

Stops will include Washington D.C., Gettysburg,

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For a detailed brochure and further information, contact the El Cerrito Community Center at 525-6747.

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MR. CASH VITAMINS VITAMIN C 500 Mg. 100's VITAMIN E 400 I.U. 100's

PLUS A WHOLE STORE FULL OF SPECIALS COME IN AND SEE!

Staying healthy Appetite suppressants

Appetite suppressants are used in the short-term treatment of obesity. For a few weeks, these medicines in combination with dieting can help you lose weight. However, since their appetite-suppressing effect is only temporary, they are useful only for the first few weeks of a new eating program. They are not effective for long-term weight loss. These medicines are available only with your doctor's prescription. The following information applies to the most common brand names included in this article.

(benz-a-mein) "Dixre"
(chlor-phen-ter-mine) "Pre-TER-mine"
(chlor-TER-mine) "Voramil"
(propion-yl-phen-ter-mine) "Ten-Ten"
(propion-yl-phen-ter-mine) "Plegine"
(propion-yl-phen-ter-mine) "FEN-ter-mine"
(propion-yl-phen-ter-mine) "Adipex; Fastin"

Proper Use of This Medicine
Take this medicine only as directed by your doctor. Do not take more of it, do not take it more often, and do not take it for a longer period of time than your doctor ordered. If too much is taken, it may become harmful.
If you are taking the tablet form of this medicine, take the last dose each day about 4 to 6 hours before bedtime to prevent trouble in sleeping.
If you are taking the liquid form of this medicine, take the daily dose about 4 to 6 hours before bedtime to help prevent trouble in sleeping.
Do not break, crush, or chew capsules or tablets before swallowing.

Precautions While Using This Medicine
• Your doctor should check your progress at regular visits.
• **Caution:** Diabetics — This medicine, when used with a low-calorie diet for weight loss, may affect blood sugar levels. If you notice a change in the results of your urine sugar test or if you have any questions, check with your doctor.
• **Dryness of the mouth** may occur while you are taking this medicine. Sucking on hard sugarless candy or ice chips or chewing gum may help relieve the dry mouth.

• This medicine may cause some people to feel a false sense of well-being or to become dizzy, lightheaded, drowsy, or less alert when they are normally. **Make sure you know how you react to this medicine before you drive, use a machine, or do other jobs that require you to be alert.**

Side Effect of This Medicine
• Along with its needed effects, a medicine may cause some unwanted effects. Although not all of these side effects appear very often, when they do occur they may require medical attention. Check with your doctor if any of the following side effects occur:

Rare
Mood or mental changes

Skin
rash or hives

• Other effects may occur which usually do not require medical attention. These side effects may go away during treatment as your body adjusts to the medicine. However, check with your doctor if any of the following side effects continue or are bothersome:

More common
False sense of well-being
Irritability in sleeping

Nervousness
Restlessness
Trouble in sleeping

Note: After such stimulant effects have worn off, drowsiness, trembling, un-

usual tiredness or weakness, or mental depression may occur.

Less common
Blurred vision
Changes in sexual desire or decreased sexual ability
Constipation
Diarrhea
Difficult or painful urination
Dizziness or lightheadedness
Dryness or mouth or unpleasant taste

• Although not all of the side effects listed above have been reported for all of these medicines, they have been reported for at least one of them. However,

since all of the appetite suppressants are very similar, any of the above side effects may occur with any of these medicines.

• After you stop using this medicine, your body may need time to adjust. The length of time this takes depends on the amount of medicine you were using and how long you used it. During this period of time check with your doctor if you notice any of the following side effects:

Mental
depression
Nausea or vomiting
Stomach cramps or pain

• Other side effects not listed above may also occur in some patients. If you notice any other effects, check with your doctor.

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Recent league results at Golden Gate Lanes

913 CLASSIC TRO: Lou Wiskard 213-729, Dwight Carbone 210-763, Patrick Smith 233-716, Jan LaVigne 204-719.

GOLDEN GATE: Sherril Walwood 206-553, Mary McGee 216-530, Lois Locke 182-530.

SCATTERPIN: Diane Ehrhart 229-555, Mary McGee 198-495, Alois Hammett 180-493.

JUBILEE: Verna Burton 179-520, Jan Coia 192-507, Dean Kiel 192-528, Chuck Cooper 211-540, Rein Ranson 192-548.

AFTER 5 FOURS: Tim Fancular 202-522, Frank Roby 171-500, Robert Archuleta 207-522, Rhonda Armstrong 205-585, Nicholas Liu 101-522.

ROLLING 4'S: Larry Brewer 188-525, Fred Allums 219-593, Chris McNeil 242-517, Pat Shaller 189-522, Carolyn Wynne 181-502, Barbara Williams 210-539.

NS & HERB: Herzman 204-522, Victor James 186-549, Calvin Miles 206-549, Myrna Sloan 192-528, Diana Ehrhart 190-539, Diane Coright 182-531.

MECHANICS BANK: La Vonne Boyle 191-501.

CUTTER LAB: Carolyn Brown 185-538, Margaret Snell 207-510, Percy Langston 215-537.

EARLY BIRDS: Nonie Leal 194-503, Tommy Gillespie 182-544.

RENO OR BUST: Ada Brown 208-564, Leola Gibson 180-491, Joyce Savage 202-565, Juanita Chapman 182-498.

H LIFE: Theresa Repass 214-526, Marilyn Klein 181-516, Rich Randolph 244-631, Larry Brooks 216-514.

PEPSI COLA: Sue Glatsch 195-516, Mike Glatsch 227-558, Mike McKinstry 233-501.

ALLEY KATS: Pasches Stuart 195-519, Remy Riley 190-537.

HEALTH SERVICE: Donna Holmes 205-556, Robert Bann 204-545, Rachelle Angleton 188-485.

GUYS & DOLLS: Cleo Johnson 183-492, Willie Hardaway 258-598.

NEVADA TANGO TOURS LAS VEGAS: Ott Simmons 219-628, Dave Arnt 222-581, Jess Balcombe 209-504, Alberta Sloudemire 203-567.

YOUNG AT HEART SENIORS: Mas Iwahara 201-554, Joe Foglietti 203-554, Steve Bakker 190-538, Sid Keras 190-548, John Ross 194-531, Quire Perlick 201-502, Richard Cern 189-494, Chuck Kleiser 196-534, Juanita Chapman 188-495, Mary Scott 181-440, Harriet Haynes 174-511, Parley Moore 189-429, Corine Marshall 190-442.

SOCIAL SECURITY: Alton Johnson 182-419, Richard Baliga 193-480, Tony Wilson 185-467, Ruth Sanders 174-407, Donna Moore 187-440, Brenda Collins 178-504, Naomi Olcott 174-416, Margaret Davis 181-445, Jean Mitchell 185-472.

CASH OR CHIPS: Lorena Heath 190-481, Viola Ramirez 189-480, Greta Bohac 182-482, Lili Brinkley 188-481, Alma Baskerville 188-482.

El Cerrito Methodists plan welcome for their new pastor



Rev. Philip C. Lawson

EL CERRITO—Rev. Philip C. Lawson will begin his ministry as pastor of the El Cerrito United Methodist Church on Sunday, July 6, after being introduced by Bishop R. Marvin Stuart.

Rev. Lawson will replace Rev. Harold C. Colman who retired at the end of June. A church spokesperson said that Rev. Lawson has "endeavored to serve as an instrument of renewal of the church and other institutions which function as humanizing agents in urban society. He has been significantly involved in the peace and non-violent movement for social justice."

Rev. Lawson was licensed as a local clergyman at the age of 18 and spent his early years in Massillon, Ohio, where he was an active member of the First Methodist Church, president of the Methodist Youth Fellowship of the Lexington Conference, and member of the National Youth Fellowship.

He served in the U.S. Army from 1953 to 1956; received his Bachelor of Arts Degree from Butler University; served as minister of intergroup relations for the Toledo, Ohio, district churches; received his master of divinity degree and joined the staff of the Methodist Inner City Parish in Kansas City, Mo., to serve as executive director and pastor of the St. James United Methodist Church.

Rev. Lawson was a sociologist with the Kansas City school district, cooper-

economic and social development and manpower programs.

Some of his past community activities include founder and member of the board of directors of the National Black Methodists for Church Renewal, Atlanta, Georgia; adult advisor of the National Black Task Force, volunteer service, quadrennial emphasis program, the United Methodist Church; consultant on urban ministries with the National Board of Missions; founder of Black Methodists for Church Renewal of the Missouri West conference; selected as a Martin Luther King Fellow in Black church studies by Colgate-Rochester Divinity School; and as a doctoral candidate he studied at the University of Ghana and the University of Nigeria.

Since 1974 Rev. Lawson has been the city of Berkeley's deputy administrator of the office of employment and community programs and has been affiliated with the Downs Memorial Uni-

ted Methodist Church. In 1978-79, he was interim pastor at Shattuck Avenue United Methodist Church. He is chairperson of California - Nevada Conference, Black Methodists for Church Renewal and serves on the board of Directors for the national organization.

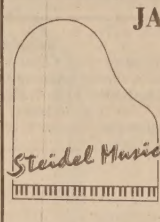
His wife, Jo Ann, is the former executive assistant to the mayor of Berkeley, and now assistant city clerk for the city of Oakland.

Their daughter Kelly, 14 attends Albany High School.

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- Patient & Thorough
- All Levels

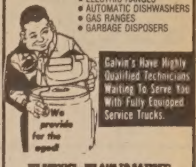


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The Mechanics Bank is celebrating their Diamond Jubilee, marking 75 years of service in the East Bay.

In honor of the occasion, we've put together a program of features designed to save you money and provide some of your most useful bank services at no cost. It's called the Diamond Account.

A Mechanics Bank Diamond Account entitles you to:

FREE CHECKING.

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Mechanics Bank prints your name, address and sequential numbers on your special bank checks—all at no charge. (Other check styles are available at the usual costs.)

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For safety and savings when you travel, we'll issue you commission-free traveller's checks.

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You get a free \$8.00 safe deposit box where availability permits or an \$8.00 credit towards a larger box.

To qualify for a Diamond Account, the only requirement is that you maintain a \$2,000 minimum balance* in any one of the following Mechanics Bank savings plans: (1) A regular 5 1/4% passbook savings account, (2) A special time passbook account,** (3) A Mechanics Bank savings certificate.**

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*Note: Once you qualify for the Diamond Account, you must maintain a minimum monthly balance of \$2,000 in order to qualify for the following month.

**Note: Federal regulations prohibit withdrawals from a time deposit prior to maturity unless three months of the interest thereon is forfeited and the remaining interest on the amount withdrawn is reduced to the regular savings passbook rate then in effect.

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Whirlpool Home Appliances

SAVE ON THESE SUPER VALUES AT GALVIN'S



WASHER
\$328⁰⁰

Model LHA 5700

- Family-size washing capacity
- 5 automatic cycles: REGULAR/HEAVY, PERMANENT PRESS, KNITS/GENTLE, SOAK, PRE-WASH
- Cool-down care for Permanent Press fabrics helps reduce wrinkles
- Super SURGILATOR® agitator for good washability without excessive wear on clothing
- Energy-saving water temp selector with 4 wash/rinse combinations
- 2 wash and spin speeds for proper fabric care
- 3 level water-saving load size selector
- Easy-clean lint filter is easy to remove
- Heavy-duty 1/2 h.p. motor
- Porcelain-enameled top, lid, outer tub and inner basket
- Back-Pak® Laundry Information Center

DRYER
\$268⁰⁰

Model LHE 5700

- Special cool-down care to help prevent wrinkles in knit, dress and knit fabrics
- 3 drying temp selections: HIGH, LOW AND AIR
- 5 cycles: LIGHT, MEDIUM, HEAVY, EXTRA-HEAVY, PERMANENT PRESS
- TUMBLE PRESS® control to help smooth out slight wear or storage wrinkles from Permanent Press clothes
- Convenient KNIT setting
- Extra-large lint screen
- Large 5.9 cu. ft. drying drum
- Push-to-start button
- Automatic door shut-off
- Back Pak® Laundry Information Center

WASHER & DRYER



WASHER & DRYER
\$398⁰⁰

Model LHE 4900

- Choice of 3 drying cycles: NORMAL, PERMANENT PRESS, KNIT
- Automatic cool-down care to help reduce wrinkles in Permanent Press garments
- Casters for easy portability
- Push-to-start button
- Automatic door shut-off
- 120V electrical system
- 5 automatic cycles: SUPER WASH, NORMAL, PERMANENT PRESS, KNIT, PRE-WASH
- Cool-down care for Permanent Press fabrics helps reduce wrinkles
- Super SURGILATOR® agitator for good washability without excessive wear on clothing
- Energy-saving water temp selector with 4 wash/rinse combinations
- 4 level water-saving load size selector
- Lint filter
- Porcelain-enameled top, lid, inner basket and outer tub
- Built-in casters for portability
- Converts to permanent installation

(Stand Extra)

BUILT-IN DISHWASHER

\$299⁰⁰

Installation Extra

Supreme Super Scur®

Model SHU-5000/1

- Features 9 cycles/Options
- 4 automatic cycles including NORMAL, HEAVY for heavily soiled dishes, NORMAL LIGHT for average soiled dishes, RINSE-HOLD for rinsing spray items you want to rinse now and wash later, and POT/PAWS for greasy utensils that really need scouring
- Energy-saving Air-dry Option in 3 cycles that enables you to dry dishes with normal, heated air or switch heater off to let your dishes air-dry
- Hi-Temp Washing Option in 2 cycles that assures hot water (145°F) for improved performance
- Exclusive In-the-door Silverware Basket leaves more room for dishes in the racks and is removable for easy to load and unloading
- Dual-level Power Wash System combines 2 count-reversing spray arms with Jet Stream® Column sending hot torrents of detergent water in and out in front of every item on both racks
- Dual-action filtering System helps trap food particles to prevent recirculation and redeposit on dishes—and helps eliminate need for pre-rinsing
- Tough, porcelain-enameled tub with DURAPERM® door liner
- Dual detergent dispensers
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Summer fun

"Creative Puppetry" at the El Cerrito Community Centers is one of hundreds of classes, events, tours and activities listed in the 1980 version of "Things to Do This Summer in Berkeley and the Bay Area for Children, Teens and Families." Available at toy and bookstores or by mail (\$3.75) from M. Brevin, 2244 Summer St., Berkeley 94709.

Times Journal photo by Christopher Agler

Out of doors

Play areas for children can be compatible with adult leisure areas, flower and vegetable gardens. Sandboxes and swing sets provide hours of entertainment for children but the equipment can be rather awkward if placed center-stage in the yard. Instead, place them off to the side where they can still be in full view from a kitchen or family room window. Plant a row of low-growing shrubs such as hebes, azaleas or creeping rosemary on three sides of the area to give it easily defined limits.

Use fir bark as ground cover around the swing set to keep the dust down and the weeds checked. If some fir bark from the area is

kicked under bushes, no harm is done — it'll just provide a little extra mulch. An oblong, circular sidewalk provides a great tricycle path or roller skating rink. A lawn in the center would make a great play surface or picnic area for the kids. A vegetable or flower garden in the center is another possibility. If children help with planting, it may help them gain respect for living things and deter them from trampling any plants. You can blend playhouses into the landscape with the use of tall shrubs. Plant shade trees to keep the children comfortable during the warm weather.

• If feeding with a rotating fertilizer green up azaleas, use an azalea.

• Take hanging down and let them under a sprinkler tub of water and then to complete moisture roots.

• Bougainvillea be intensified if the plants on the If they aren't all, chances are received water.

Clubs

ALBANY

American Legion

Coming events include July 5, bingo; and July 18, regular post meeting.

Retired Person's

Future chapter tours are July 21, Half Moon Bay; August 24, Drakes Bay; Sept. 21, Santa Cruz. For information and reservations, call 526-8757 after 3 p.m. Persons 55 years and over are invited to join.

Albany Rotary

Albany Rotary Club meets Tuesday at 12:30 p.m. at Spenger's Fish Grotto in Berkeley.

Albany Lions

Albany Lions Club meets Thursday at 7 p.m. at Kirby's in El Cerrito Plaza. Coming events include the traditional watermelon eating contest for children on July 4.

EL CERRITO

Rotary

El Cerrito Rotary Club meets Thursday at 12:15 p.m. at the Cerrito City Club, 1600 Kearney.

Native Daughters

The audit committee will meet at 7 p.m. preceding the regular business meeting of Cerrito de Oro Parlor 306, Native Daughters of the Golden West, July 2 at St. John's Hall, 6712 Portola Drive, El Cerrito.

Aileen Lamson, president, will preside. Plans will be finalized for installation of officers on July 16.

Ethel Murphy, delegate to Grand Parlor, will report on proceedings. Marge Jacobson served as delegate.

THOUSAND OAKS

Northbrae Women's

At this month's meeting of the Alameda district of the California Federation of Women's Clubs, Northbrae branch was represented by Mrs. Arch T. Sparrowe, Mrs. L.K. Wood, Alice Grundt, Marjorie Bonethorn and Mrs. Charles Mooney.

EAST BAY

Jewish Singles

On Thursday, July 10, at 6 p.m., the East Bay Solo Set will hold its monthly planning meeting at the Oakland Jewish Community Center, 3245 Sheffield Ave., Oakland. Bring a brown bag for dinner. It will be followed at 8 p.m. by Arnold Lamson, executive director of the Jewish Family Services, talking on "The influence of ethnic background on the sex attitudes of males, and the implications for relationships."

There is no charge for the evening. For additional information, contact the Jewish Center at 533-9222.

Wanna sell something?

The Times Journal can help.

525-2644

YOUR TICKET TO FAMILY FUN

1980
ALAMEDA COUNTY FAIR
June 22 - July 6

DON'T MISS THESE

ALL STAR ATTRACTIONS

FOR FAIR PATRONS - 6:00 & 8:00 P.M. DAILY

*Jim Stafford
Monday, June 30

*Doug Kershaw
Tuesday & Wednesday, July 1-2

*LOU RAWLS
Thursday, July 3

*ANACANI
Friday, July 4

*AND BIG TIME VAUDEVILLE ACTS
Saturday & Sunday, July 5-6



BART GOES TO THE FAIR TOO!

BART EXPRESS BUSES will depart Hayward Station daily during the Fair on a special 15 minute schedule from 10:30 AM to 1:00 PM, to BART Bus Station in Pleasanton at First and Neal Streets, returning via regular route to Hayward. FREE SHUTTLE SERVICE will be provided from First and Neal BART Bus Station to FAIRGROUNDS Main Gate, daily from 10:30 AM to 8:00 PM as required.

Normal BART service will resume for periods surrounding the special BART FAIR schedule from 8:00 AM and 12:00 AM nightly daily.

HORSE RACING, DAILY

Post Time 1:30 PM
(except Sunday)

JE. LIVESTOCK AUCTION

1:00 PM, Sunday, July 6

DESTRUCTION DRIVE

1:00 PM, Sunday, July 6

COCA-COLA DAYS "Have a Coke and a Smile!"
Thursdays, June 26 and July 3, El Cerrito Adams
12:00 PM, Sunday, July 6
12:00 PM, Sunday, July 6

THE FAIR IS YOUR BEST ENTERTAINMENT BUY

Sweet Adelines
Harmony Bay Chapter of Sweet Adelines Inc., a women's singing organization, meets every Wednesday evening from 7:30 to 9:30 p.m. at the First Congregational Church of Berkeley, 2345 Channing Way. For information call Deanna at 525-1196.

Mayonnaise
BEST FOODS
32-OZ. JAR
1.39

Kilpatrick's
FRESH BUNS
HAMBURGER - HOT DOGS - 8's PKG.
37¢

Bonnie Hubbard
CHARCOAL BRIQUETS
10 POUND PACKAGE
1.49

Hills Bros.
GROUND COFFEE
2 POUND TINS
5.29

Farm-Fresh Produce

TOMATOES

FANCY RED Garden Fresh Firm Ripe **39¢**

SWEET CORN

LARGE GOLDEN Garden Fresh Tender Kernels **5.99¢**

LETTUCE

CRISP ICEBERG Garden Fresh **3.89¢**

PEACHES

Large Freestone Fancy Sweet Ripe **47¢**

WATERMELON

U.S. No. 1 Sweet Fancy Whole Red Ripe **15¢**

NECTARINES

GOLDEN SWEET Fancy Large **49¢**

APRICOTS

JUMBO SWEET ROYAL Fancy Sweet Ripe **69¢**

JUMBO SWEET CANTALOUPES

Extra Fancy **39¢**

FANCY TROPICAL MANGOES

Sweet Ripe **49¢**

CALIFORNIA VALENCIA ORANGES

Sweet Juicy **1.00**

GARDEN FRESH SPINACH

Young Tender **3.89¢**

TENDER CRISP CELERY

Garden Fresh **39¢**

INSTANT COFFEE	10 oz.	3.89	SEASONED SALT	2 oz.	57¢
HIGH YIELD COFFEE	24 oz.	5.19	CHILI CON CARNE & BEANS	15 oz.	59¢
INSTANT TASTER'S CHOICE	8 oz.	4.99	LONG GRAIN RICE	5 lb.	1.98
INSTANT TASTER'S CHOICE	8 oz.	5.39	CHILI BEANS	40 oz.	98¢
Decaffeinated Coffee	16 oz.	5.99	Beanitos Western	40 oz.	1.49
BROKEN PITTED OLIVES	16 oz.	5.99	BEEF RAVIOLI	16 oz.	43¢
EX. LARGE PITTED OLIVES	16 oz.	6.99	BAKED BEANS	15 oz.	43¢
ASST. PICKLE RELISH	10 oz.	53¢	FRUIT DRINKS	6-8 oz.	89¢
CREAMY MUSTARD	24 oz.	69¢	BARTLETT PEARS	16 oz.	59¢
BURGER SAUCE	24 oz.	69¢	CHOPPED MUSHROOMS	2 oz.	59¢
HOT SAUCE	24 oz.	69¢	SLICED MUSHROOMS	2 oz.	75¢
Pace Picante	24 oz.	69¢	MIXED VEGETABLE	15 oz.	43¢

LONDON BROIL STEAK
BEEF TENDER Boneless Round **2.89**

BACON
Sliced First Quality **1.29**

CRAB LEGS
Frozen Cooked **1.98**

For A Fabulous Holiday Treat - Serve Food Farm Meat

BEEF ROUND STEAK	Tender Boneless Center Cut	LB.	2.29
BEEF PORTERHOUSE STEAK	Extra Tender Loin Cut	LB.	3.29
BEEF T-BONE STEAK	Extra Tender Loin Cut	LB.	3.29
BEEF CROSS RIB ROAST	Tender Boneless Chuck	LB.	2.19
BEEF CHUCK ROAST	Lean Juicy Blade Cut	LB.	1.39
BEEF PLATE SHORTRIBS	Lean Meaty	LB.	98¢
FRESH REGULAR GROUND BEEF	Does Not Exceed 30% Fat	LB.	1.39
FRESH LEAN GROUND BEEF	Does Not Exceed 22% Fat	LB.	2.39

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EL CERRITO—10700 SAN PABLO AVE.
OAKLAND—E. 14th St. & 25th Ave.
7 DAY SALE
EXCEPT FRESH MEATS AND PRODUCE
STORE HOURS
MON. THRU SAT. 9 AM-9 PM
SUNDAY 10 AM-7 PM
INCLUDING FRESH MEATS
WE WELCOME FOOD STAMP SHOPPERS
WE RESERVE THE RIGHT TO LIMIT

Bonnie Hubbard
SALAD OIL
24-OZ. BOTTLE
79¢

FRESH YOUNG FRYING RABBITS
1.89

ALL FOOD FARM MARKETS WILL BE OPEN FRIDAY JULY 4 9 AM TO 6 PM

BAR-B-Q SAUCE

Kraft All Purpose 18 OZ. BOT. **69¢**

FRUIT DRINKS

Wagner Apple 54¢
Grape • Orange 79¢

POTATO CHIPS

Bonnie Hubbard 8 oz. Pkg. **79¢**

DILL PICKLES

Vlasic—Reg. Kasher Polish—46 oz. Jar **99¢**

Gala Family NAPKINS

140 Count **65¢**

LIQUID DETERGENT

Sweetheart 32 oz. Bot. **59¢**

FOIL WRAP

Bonnie Hubbard 18" x 25" Pkg. **85¢**

COCA COLA • FRESH SPRITE

6 12 oz. Cans **1.19**

SEVEN-UP

Regular & Diet 6 12 oz. Cans **1.19**

PURINA DRY CAT CHOW

15 lb. Bag **2.99**

PURINA GOOD MEWS CAT FOOD

5 lb. Can **1.99**

HOT or COLD FOAM CUPS

Bonnie Hubbard **3.99**

KITTY QUEEN ASST. CAT FOOD

5 lb. Can **3.99**

KAL KAN MEALTIME BITS

25 lb. Bag **2.99**

AIRWICK CARPET FRESH

12 oz. Can **1.99**

TAKE OUT CHICKEN
Swanson Fried Ready To Eat 28 oz. Pkg. **2.89**

ORANGE JUICE
Treesweet Grade "AA" 6 oz. Can **38¢**

LEMONADE
Minute Maid Reg. & Pink 3 1/2 gal. **3.99**

TREESWEET GRAPEFRUIT JUICE
King's Hawaiian Bread 16 oz. **1.25**

PEPPERIDGE FARM LAYER CAKES Asstd. 17 oz. **1.59**

MRS. SMITH GREEN APPLE PIE 8 oz. **1.98**

SWANSON CHICKEN or TURKEY PIES 8 oz. **49¢**

RED'S BEEF TAMALES 3 1/2 oz. **79¢**

LUCCA BEEF RAVIOLI 12 oz. **87¢**

LUCCA CHEESE RAVIOLI 12 oz. **1.19**

Food Farm Features A Wide Selection Of Ocean Fresh Seafood Daily

Safety first

Confidence games

When you are chatting with a passerby on a street corner and an attractive young woman reaches into her purse and pulls out a wad of cash, she is not reaching into the purse of a passerby. She is reaching into the purse of a confidence game player.

Because of its insidious nature, the confidence game is one of the most difficult crimes to protect against, says Charles King, chairman of the International Security Council. "The victim becomes an unwitting accomplice," he says. "Because we all have a little bit of greed in us, we are vulnerable to this crime."

The next step in this game is known as the "bag" or "hook drop" — is for the confidence game player to offer to split the money. "Because we all have a little bit of greed in us, we are vulnerable to this crime."

The passerby intervenes. "Wait a minute. We know whom that belongs to. We could get into trouble. He suggests that we take the money to his lawyer for advice."

The woman then questions the man's integrity. "Do we know we can trust you?" she asks. At this point the man says, "I have an idea. Why don't we take the money to the lawyer?" Both look at each other and nod vigorously.

They ask that you give them \$2,000 to hold while they go to the attorney's office. They suggest that you take the lion's share of the money for solving the problem of who will take the money to the lawyer.

When you go to your withdrawal the \$2,000 is there to the two. They give you the bag and the money's card. When you get to the address on the card you find it is a laundromat. And when you open the bag it is filled with paper. You have just been a victim to one of the tricks in the book.

The immediate reaction may be, "I would not be so foolish." But be so sure. The three elements in the confidence game are greed, gullibility and goodness, and the social requirement for winning the confidence game is to be a good person.

Many confidence games follow scripts similar to the above, their variations are limited only by the imagination of man. One of the favorite tricks of confidence men is the proposed sale of stolen merchandise.

Some approaches you may see to sell a brand of television set for \$500. When you ask where it came from, the salesman says, "You know this kind of stuff," he says.

He offers you the \$50, and asks you to meet him at a warehouse. He never shows up, you have just been a victim.

Now is your real test. Do you go to the police and tell them you have just been robbed? Or do you offer a man who offered you a new television set one-tenth of the reward? Probably not. The embarrassment would result. Most victims to this type of confidence game do not report the crime.

Because of their vulnerability, senior citizens often are targeted by confidence men for a wide variety of schemes. Perhaps the most prevalent of these is the bank examiner swindle.

The victim withdraws the money and the "agent" meets him at his home after banking hours and "marks" the money. Because of the late hour, the "agent" suggests that he take the money and put it in the federal vault for safekeeping until the bank opens the next day. The victim agrees and, of course, that is the last he sees of his savings.

In this case, the con man appealed to the goodness or patriotism — of the victim. In reality, no bonafide investigator for any local, state or federal agency will ask you to withdraw money from your bank account for any reason.

How can we protect ourselves from confidence men? By following some simple common sense rules:

• You Never Get Something for Nothing — If any stranger offers you something valuable for free, be suspicious. If the person requests a sum of money "as a sign of good faith," notify the police.

• "Finders Keepers" may be "Finders Weepers" — Many con games hinge on apparent good luck in finding a large sum of money or other valuables. If this should happen to you, insist on notifying the police. If the money is actually lost, the police can help return it to its rightful owner.

• When in doubt, involve the police — Most police departments have a special section that deals with confidence games called "the bunco squad." An expert from this section is your best advisor when you are suspicious that someone is trying to involve you in a confidence game.

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OLD CROW 1.75 LITER	14.29	9.99
OLD GRAND-DAD 750 ML.	8.25	5.39
WILD TURKEY 101° 750 ML.	12.69	9.99
DAVIES COUNTY 86° 1.75 LITER	12.79	8.99
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SEAGRAMS 7 750 ML.	6.29	4.39

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	REG.	SALE!
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CHRISTIAN BROTHERS 1.75 LITER	14.99	10.99
KORBEL 1.75 LITER	14.99	10.79
PEDRO DOMECQ FUNDADOR 750 ML.	9.49	7.39
PRESIDENT 750 ML.	7.99	6.19
STOCK 84 1.75 LITER	14.59	10.69

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	REG.	SALE!
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CANADIAN MIST 1.0 LITER	7.89	5.69
SEAGRAM'S VO 750 ML.	8.39	5.99

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	REG.	SALE!
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COURVOISIER VS 750 ML.	15.59	12.59
HENNESSY VS 500 ML.	10.29	8.39
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	REG.	SALE!
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GORDON'S 1.75 LITER	12.39	9.39
SEAGRAM'S 1.0 LITER	7.29	5.49
TANQUERAY QTS.	11.69	8.99

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INGENOOK NAVALLE WINES 3.0 LITER	4.59
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ALMADEN MT. WINES 1.5 LITER	2.09
SOVERAIN TABLE WINES 1.5 LITER	2.99
PELLEGRINI TABLE WINES 1.5 LITER	1.99
C.K. MONDAVI TABLE WINES 4.0 LITER	4.45
ROBT. MONDAVI TABLE WINES 1.5 LITER	2.79
MONTEREY CLASSIC RED, WHITE 750 ML.	2.29

—CHARDONNAY—

BEAULIEU '78 750 ML.	4.69
MONTEREY '77 750 ML.	4.29
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—CHENIN BLANC—

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ROBERT MONDAVI 750 ML.	3.69
CHAT. STE. MICHELLE 750 ML.	2.99
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LOUIS MARTINI 750 ML.	2.49
MONTEREY '78 750 ML.	2.49

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—RIESLING—

MIRASSOU MONTEREY RIESLING 750 ML.	2.79
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BEAULIEU JOHAN, RIESLING '78 750 ML.	3.99
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ALMADEN JOHAN, RIESLING 750 ML.	2.99
BERINGER GREY RIESLING '79 750 ML.	2.59
CHAT. STE. MICHELLE JOHAN, RIESLING 750 ML.	3.59

—ZINFANDEL—

SOVERAIN '77 1.5 LITER	4.79
INGENOOK '76 750 ML.	2.69
ALMADEN '75 750 ML.	2.39
PEDRONCELLI '77 1.5 LITER	3.49
LOUIS MARTINI 750 ML.	2.49
MONTEREY '76 750 ML.	2.49

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4⁹⁹

5⁰⁹

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PASQUA SOAVE, VALPOLICELLA, BARDOLINO 1.5 LITER	2.99
VILLA VERDI FRASCATI 750 ML.	.99*
CONFORTI CHIANTI 750 ML.	1.19
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KREUSCH MOSELBLUMHOEN 750 ML.	2.99
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COCKTAILS FOR TWO 750 ML.

2⁹⁹

—CHAMPAGNE—

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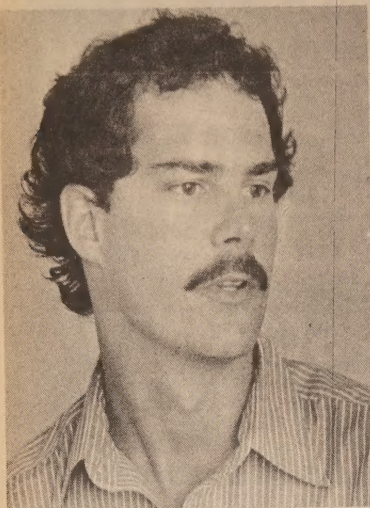
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Gray Panthers want to find the home-bound elderly

By ROBERTA ALEXANDER

What happens to people who fall between the cracks of the system — the frail, elderly and isolated, who don't know what's available in the community?

The Berkeley Area Gray Panthers (the "area" is Berkeley and Albany) are trying to make a dent in that problem, and they are looking for local volunteers for a community outreach program.



Rick Smith

Project coordinator Rick Smith says the Gray Panthers created this advocacy program to help those "who aren't coping well, who've escaped into their living arrangements."

The point of the project is to reach some of these people, establish what Smith calls "a trust relationship" with them and be able to direct them to appropriate services.

Smith emphasized that this is a pilot project with short-term funding. "We'd rather help 25 people properly than 200 sketchily," he said. "We're not going to overburden our volunteers."

Training of the volunteers is expected to begin in

mid-July, and will involve four three-hour sessions over a two-week period. The outreach work will begin in August, and will involve three to five hours a week for each volunteer.

The training sessions will include discussions with experts in different areas of aging: health care, housing, legal rights, etc.

"This pre-service training will do two important things," Smith said. "It will prepare people for what they'll deal with, including communication skills. It also will give them a knowledge of the services."

Outreach volunteers will work in teams. Since the motto of the Gray Panthers is "Age and Youth in Action, Smith hopes each team will have an older and a younger member.

"The trickiest thing about this project is finding these people," Smith said.

He expects to get referrals from senior centers or others in the community, but the bulk of the work will involve knocking on doors.

"Outreach has been done in many communities, he said, "so we know it works."

The initial focus of the outreach project will be in south and west Berkeley.

"But if we get a referral from Albany or another part of Berkeley, we'll follow it up. Or if we got five volunteers from Albany who wanted to work in their community, we'd try to arrange that, Smith said.

Smith acknowledges that the volunteers will meet with a fair amount of rejection.

"But at least we'll know that there's someone there who won't open the door. That's the first step," he said.

Outreach workers might then be able to reach that person through neighbors, or they might leave a leaflet explaining their activities and come back another time.

"If they get in, they'll talk to the person, they'll try to build a trust relationship and find out what they need," he said.

"We don't want to create dependency on the volunteers. We want to help them get to the right programs and then be on their own. We want empowerment for those folks."

Most Gray Panther activities have involved group advocacy. The group established the Over-60 Health Clinic and is involved in housing issues, establishing an East Bay hospice and nursing home reform.

The outreach project grew, Smith explained, because "we saw in a lot of our activities that we weren't

able to help a lot of people. We'd get many calls from individuals that we couldn't help ... we weren't able to."

He cited calls from people who needed a nursing home for a parent, from frail elderly people needing transportation, from neighbors concerned about a shut-in.

He doesn't think this personal advocacy detracts from the major issues the Gray Panthers are confronting.

"This will put our organization in touch with problems," he said.

"We're concerned with health issues, but also someone who needs to know where they can get their nails clipped," he said. "This project does not ignore larger concerns."

The focus for now is simply to find some of the hidden people; the ones Smith called "the folks who know exist."

For information on the outreach project, call 849-0774. Gray Panthers meetings are the first Wednesdays of the month; for times and places, call 5208.

Churches

THOUSAND OAKS

Thousand Oaks Baptist Church

"A Nation under God" will be the theme of the worship Sunday, July 6, at 11 a.m. It will be a look at the founding principle of our great nation: religious liberty and the separation of church and state.

The church welcomes all. It is located at Colusa and Catalina Avenues, Berkeley.

ALBANY

Albany United Methodist Church

On Sunday, July 6, services will be held at 11 a.m. It will be Communion Sunday. Rev. Dr. Peter Ahn will speak on "Laborers for the harvest," Luke, chapter 10 verses 1 thru 12. Worship leader will be Shirley White.

At the annual Methodist conference held in Sacramento, Bishop R. Marvin Stuart appointed Dr. Ahn to the church for the third year.

Sunday school will be at 10 a.m. Child care is provided each Sunday.

The toddler's play group meets Tuesdays and Thursdays. Quilters meet every Wednesday.

The church is located at 980 Stannage Ave., Albany.

First Baptist Church of Albany

The worship service, conducted by Pastor Larry R. Campbell, will be held in the sanctuary at 11 a.m. The pastor's message, "God speaks in Babylon," will be based on the first half of the book of Ezekiel. Special music for the service will be a duet by Alyce Berndt and Helen de Lumen. The Lord's Supper will be observed. The nursery will be open to care for babies and small children.

Sunday school classes for all ages will continue to meet throughout the summer from 9:30 to 10:45 a.m. Visitors are welcome.

The mid-week fellowship of prayer and Bible study meets Wednesday morning at 10:30 a.m. in the Christian education building. The current study is the book of Philippians.

The church is located at 1319 Solano Ave. Everyone is welcome.

EL CERRITO

Bay Area Seventh Day Baptist Church

The church welcomes the public to its church services each Sunday at 10:30 a.m. in the chapel of the El Cerrito United Methodist Church, 6830 Stockton Ave., El Cerrito.

On July 5, the pulpit guest will be Dr. Robert E. Fitch, professor emeritus of Christian ethics at Pacific School of Religion in Berkeley. Sabbath school follows at 11:30, and monthly potluck dinner at 12:15.

(Continued on Page 11)



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• OAKLAND, 4300 Broadway, 658-9430

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Churches

(Continued from Page 10).

KENSINGTON

First Unitarian Church of Berkeley
The church (at 1 Lawson Road, Kensington) continues its summer program under guest minister Charlie who will preach Sunday, July 6, at 10:40 a.m. and at 9:30 each Sunday, the East Bay Forum meets in

the fireside room of the church, and the seminar meets in the unique room.

Each Sunday during summer, the Sunday seminar will discuss *The Aquarian Conspiracy*, a new book by Marilyn Ferguson, editor of the *Brain/Mind Journal*. This book surveys the revolution in human consciousness which is taking place in science, psychology and in religion. Martha Helming will lead this seminar each Sunday at 9:30 a.m.

In late August, Rev. Richard Boeke will return from Japan to lead the seminar on the work of Berkeley author Theodore Roszak. Roszak has accepted an invitation to give the Lawrence lecture at the church at 8 p.m. on Friday evening, Oct. 17.

Class in Unity Principles

Adele Fuller, a licensed teacher, leads a study class in unity principles — a branch of the Lakeside Temple of Practical Christianity — on Thursday from 11 to 12 p.m. at 445 Colusa Ave., Kensington.

The test used is "Solving the Problem of Supply" by Frederick Keeler. All are welcome. For more information, call 531-7357.

EAST BAY

Epworth United Methodist Church

Sunday Worship on July 6 at 10 a.m. will feature Pastor Dave Slope preaching the sermon. A children's sermon will be included for all ages. Gerald Skeels,

church organist for the past six years, will be honored during coffee time after the service.

Midway through the worship service (10:30-12) children kindergarten through sixth grade are invited to a special summer children's program "Stories of Jesus." Parables will be taught through films, music, art and drama. Child care is provided.

The youth/adult summer sharing series held at 11:20 will feature "Clowning and miming the Bible" with the Fools Rush In mime troupe.

Sunday evening at 6:30 p.m. the youth fellowship meets. At 7 p.m. a regular prayer workshop is held.

The church is located at 1953 Hopkins St., Berkeley, telephone 524-2921.

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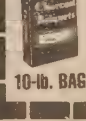
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LARGE GRADE AA

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DOZEN

FARM FRESH PRODUCE

PEACHES

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NECTARINES

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lb.

39¢
lb.

79¢
lb.

39¢
lb.

49¢
lb.

39¢
lb.

39¢
lb.

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lb.

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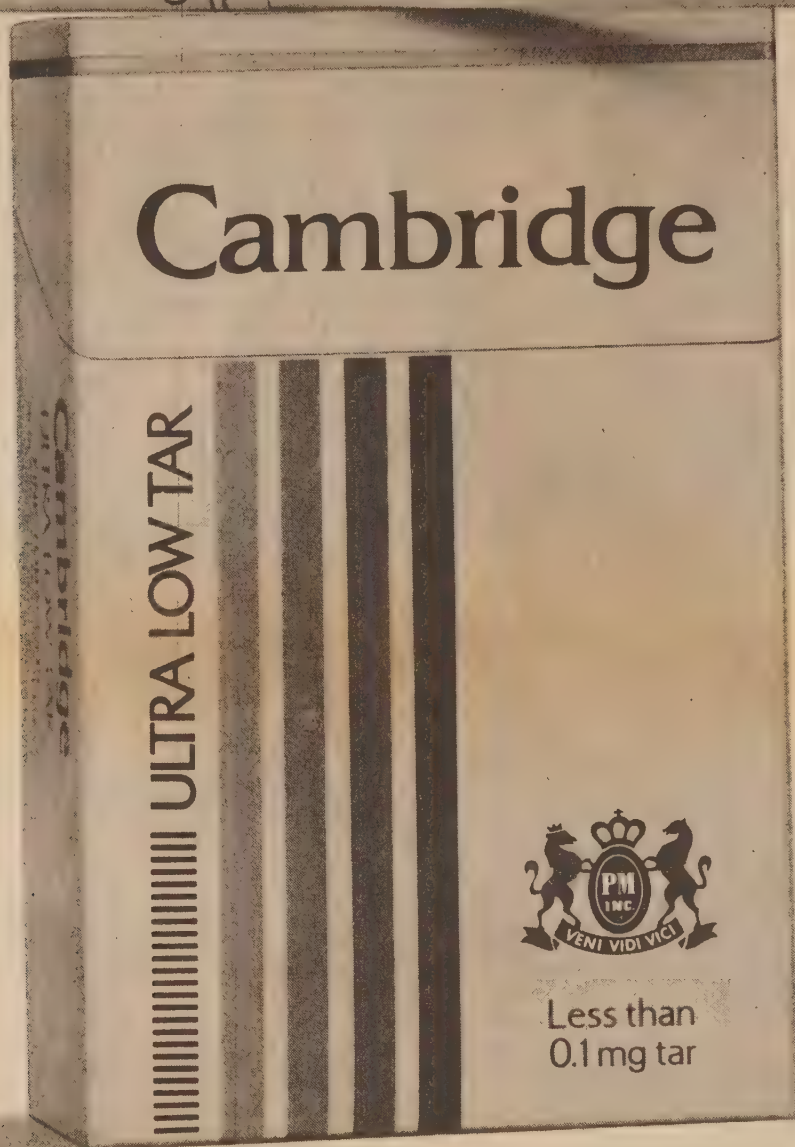
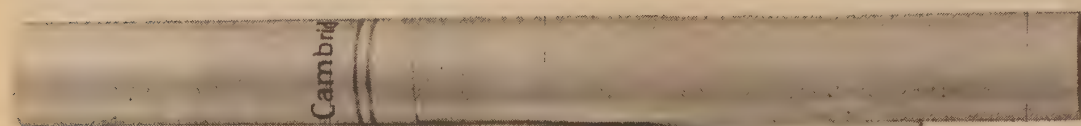
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Making crackers faster in Albany

By JIM ALLEN
ALBANY — The man who ex- posed the secret of San Francisco French bread has gone to the microscope and found a way to make faster crackers.

Frank Sugihara says his discovery could revolutionize the cracker business by saving cracker makers money and energy while increasing their profits and improving the quality of their product.

So far, it has not.

Several years ago, Sugihara and scientists at the Department of Agriculture's Western Regional Center on Buchanan Avenue took up the baking industry's quest for the secret of what makes the famous San Francisco French bread so distinctive.

They found that a previously un- known bacterium, subsequently named *Lactobacillus sanfrancisco*, was the bread's unique flavor.

Sugihara eyed the soda cracker — an American institution — and thought of a way to make it to the tune of \$1 billion a year.

A recent study by the Biscuit and Cracker Manufacturers Association showed that Americans each eat about 7 pounds of annually, accord- ing to Joseph Creed, executive vice president.

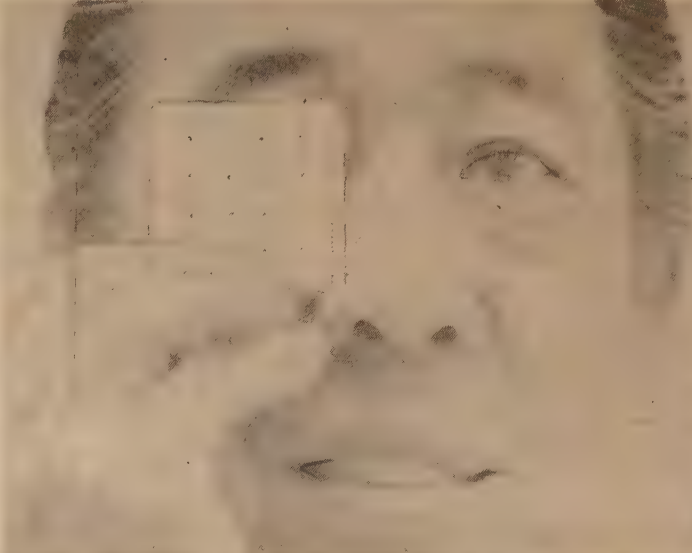
After 2½ years of research, Sugi- hara developed a procedure — also known as the isolation of bacteria — which reduces the time it takes to make a batch of soda crackers from 18 to 20 hours to eight hours.

"It is technically feasible to make the process continuous," he said, "and it would produce approxi- mately the same amount of crack- ers in one eight-hour shift as is re- quired in three shifts now."

The industrial reaction was en- thusiastic. Snack Foods magazine, in its publication in 1978 termed the discovery — at that time still un- known — the breakthrough of the century.

But the industry has not ex- tended a model of modernity, according to Sugihara. He terms the cracker-making "archaic," and says that it hasn't changed sub- stantially since the first cracker was made in 1840.

The traditional cracker-making, a process that is "allowed" to take 18 to 20 hours before the



T. Frank Sugihara, of the USDA lab in Albany, contemplates a soda cracker

final mixing of dough is made. That takes an additional four hours.

Sugihara isolated the three bac- teria in the sponge, which gives the cracker its flavor, then produced a laboratory pure culture containing large numbers of those three bac- teria.

He found that cracker makers could produce a decent batch of sponge within hours, instead of the usual 18 to 20, if they doused their dough with the right bacteria to start with rather than allowing na- ture to work at its own pace.

Nevertheless, initial enthusiasm for Sugihara's finding has waned.

"From my understanding, the reduction in fermentation time takes all the flavor out of the crack- ers," said Creed. "I don't see the in- dustry being revolutionized over- night."

A spokesman for Nabisco, Inc. of East Hanover, N.J., said Sugihara's research was "a step in the right di- rection to producing a saltine crack- er in a shorter time."

The spokesman, who asked not to be identified, said Nabisco has been working in the same area for some time and has concluded that two questions are unanswered: Can the process be used on a large-scale production basis? And will consum- ers accept the taste, texture and ap- pearance of a faster-made cracker.

Sugihara used his new method to make a 1,000-pound batch of crack- ers — in eight hours from start to finish — at a Midwest Biscuit Co. bakery at Burlington, Iowa.

"They sampled the batch and their quality control man said he thought it was just as good as their

crackers," he said. "They decided to package the batch and send it right out."

Moreover, Sugihara said he had his crackers sampled by 50 co-work- ers who concluded his product was "as good or better" than the normal soda cracker bought off the super- market shelf.

Sugihara said he isn't sure why the "big boys" such as Nabisco and Sunshine Biscuit Co. which produce about 80 percent of U.S. crackers haven't talked to him about his re- search.

"They might be interested, but they don't want to be told how to do it," he said. "They think they are the experts in their field. They don't want a government scientist to tell them about crackers. They say, 'Who's that guy? What does he know about crackers?'"

Carrera's four-game total of 896 paces league

ALBANY — Ed Carrera led the week's scoring in the 50 Scratch Trios Albany Bowl with a game total of 896. He was right on the nose in his first three games of 296, 296 and 304, but failed to reach the 900 barrier when he topped to 196 at the fin-

ishing him for high honors was George Willis, who had all four above 200, with a total of 824, for an 884 by John Taylor, who topped at 333 at the start and ended, was next.

John Willis, who en- ded the league with a 158 pace, compiled a 798 pace, the highest by a woman in the Trios. Consistently in the top, she started with 207 and followed with 199-195.

The best three-game sets of the week were offered by Sparks, who had a 657 pace, and J. D. Grady, who had a 637 for Post Office. Sparks' line read 203-213 while Grady's was 202-181-236.

Performance, Inc. and its teams continued to be the top spot in the Albany Jubilee League. A team by Russ Epstein and Performance take the top three games from the Net- tings, while the Net- tings survived Sam Sparks' 210-549 effort for the Albany Liquors to win 2-

540 SCRATCH TRIOS (four games)—Ed Carrera, 248-696; George Schaber, 234-884; John Taylor, 244-857; Ron St. Germain, 223-830; Chris Wu, 235-824; Larry MacCaughy, 236-818; Marilyn Wells, 207-788.

TUESDAY INVITATIONAL—Larry Balore 209-567; Bud Rooney, 188-519; Rick Bern- ard, 206-510; Alex Nienhiser, 197-504.

NO ROLLERS—M. C. York, 209-557; Curt Lyons, 202-514; Leonard Dickerson, 171-494; Tom Wilson, 191-478.

THURSDAY SUMMER SLEEPERS—Rock Koyne, 202-549; Carl Hendrix, 188-508; Karen Nishimura, 190-504; Ron Alexander, 191-500.

PLAZA SPECIALS—Jack Bimbo, 224-544; Barbara Williams, 208-503; Don Moore, 182-488; Elaine Engel, 190-482; Cathy Williams, 190-484.

MONDAY MIXED FIVES—Bill Page, 197-525; Dan Pitta, 180-517; Leo Paz, 213-513; Mike Maas, 178-502; Glenn Vonzon, 197-493; Luella Lowe, 178-467.

ALBANY TRAVELERS—Rod Sparks, 237-657; George Schaber, 201-540; Dwayne La- lewre, 213-512; Shirley Saxon, 168-487; Gloria Macdo, 164-457.

ROMANZA BLUE CHIP—Gloria Romeo,

181-521; Anna Bishop, 178-482; Lucy Bel- lamy, 170-481; Jo Kaum, 189-477; Imogene Washington, 182-473.

THIRD WEEKENDERS—Clarence McChes, 214-505; Ray Bulcher, 174-469.

POST OFFICE—J. D. Grady, 236-837; Ben Peltor, 180-564; James Holland, 243-543; Ralph Patterson, 182-531; Felix Farnish, 180-522; Willie Lyles, 222-518; Larry Barnes, 181-514; Susan Smith, 221-513; Willie Mosley, 207-511; Tom Hanson, 183-509; Connie Ro- binson, 192-507; Earl Gray, 188-504.

MEN'S JUBILEE—Russ Epstein, 615-602; Gary Salazar, 233-554; Sam Shanks, 210-549; Adam Taylor, 193-548; Greg McDonald, 203-525; Ernie Pacheco, 188-521; A. C. Nettles, 182-517; Dennis Gray, 211-515.

WEDNESDAY AMERS—Marilyn Julaish, 221-548; Rusty Pastrana, 190-505; Shirley Saxon, 186-465; Geneva Griffin, 168-458; Mane Moore, 164-441.

ON MILL FIVES—Bob Blank, 203-572; Diane Buckley, 192-535; John May, 188-526; Jeff Hui, 170-475; Larry Davis, 188-514; Floyd Milazzo, 185-499.

BULK MAIL—Ralph Holmes, 200-560; Floyd Carney, 195-518; Ralph Patterson, 182-537; Billy Simmons, 188-528; Rochelle Wal-

ton, 199-477.

FUN FIVES—Mike Maas, 178-473; Tom Nompasrat, 178-467; Darryl Jin, 183-445; Pat Akena, 189-437; Theresa Noonan, 154-425.

NEVADA TANCO TOURS—Belinda Frost, 192-525; Bert McChes, 223-468; Imogene Washington, 181-508.

LADIES HANDICAP—Dorothy Lemons, 170-481; Lucy Coleman, 190-480; Betty Mor- gan, 186-441; Carol Woodrow, 180-435; Georgia Law, 146-418.

JUBILEE MIXED—Dave Freeman, 221-561; Leonard Cund, 220-544; Jerry Clayton, 198-543; Peter Nakamura, 180-520; Tom So- gar, 192-525; Larry Simpson, 194-508; Be- verty Hoyle, 182-483.

THURSDAY MIXED FIVES—Dick Perry, 199-502; Danny Wong, 184-518; Cherie Du- hoo, 178-512; Bill Jello, 210-526.

WHITNEY RESEARCH & TOOL—Bob Weitz, 178-472; Dave Coleman, 175-450; Jim Hicks, 188-431; Jeff Hanson, 183-435; Ernie Washington, 151-426.

CHARLES L. JOHNSON MEMORIAL—Johnny Zabala, 201-558; Joe Charles, 191-555; Wes Watson, 208-538; Curt McGray, 181-524; Robert Keys, 202-508; Richard Bass,

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Sierra camp announces openings

Camp Okizu, operated by Camp Fire in the Sierra Nevada foothills near Ne- vada City, has openings this summer for boys and girls in grades one through six. A child doesn't have to be a member of Camp Fire to attend.

Sessions at the resident camp range in length from 6 to 14 days, starting in early July and continuing through mid-August. Camp activities include swim- ming, boating, hiking, backpacking, crafts, sports and games, guitar, singing, photography, pottery and outdoor skills.

Children live with camp- ers their own age and plan their programs with the help of trained counselors.

In addition to residents summer camp for children, Okizu also offers a ladies weekend, special interest sessions and a family camp designed for adults and groups of mixed ages. Meals are provided and some spaces for trailers

and campers are avail- able.

Camp Okizu is operated by the Alameda-Contra Costa Council of Camp Fire and meets the accreditation standards of the American Camping Association. The Celio site of Camp Okizu has been a Camp Fire camp since the summer of 1927 and the camp ranks high in leadership, program, health, safety, supervision and administration. The staff is comprised of expe- rienced professional per- sons and a full-time nurse. Camp registration will continue until Aug. 1 on a first-come, first-served basis. For more infor- mation and a registration form, phone the Camp Fire office in Oakland at 536-7841.

Your news in print

Ever want to let your neighbors know about some- thing but you don't know where to turn?

The Times Journal encourages feedback from its readers in the form of letters to the editor and contribu- tions in the following areas: writer's corner, coming events, local history, church news, club news, senior citizen activities, the arts, sports and other outdoor ac- tivities.

Items should be typed and double spaced on 8½x11 inch paper. The deadline is Thursday at 5 p.m. for pub- lication the following Wednesday. The newspaper re- serves the right to edit submissions as it sees fit.

The Times Journal is located at 1247 Solano Ave., Albany 94706. If you have any questions, call 525-2644.

Prices Effective Wed., July 2nd thru Sun., July 6th

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BIG SAVINGS for the 4th

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CANADIAN MIST	Liter	7.59	5.99
JAY VEE SCOTCH	1.75 Liter	11.49	9.49
VILLA ROYAL GN	1.75 Liter	7.99	8.79
TANQUERAY GN	1.75 Liter	20.69	15.94
COURVOISIER V.S. COGNAC	750 ML	15.99	11.98
TIA MARIA LIQUEUR	23-oz.	11.19	8.77

BUDWEISER BEER

12-oz. Cans Reg. 4.49

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12 Pack

7-UP & SUGAR FREE

Reg. 1.99 12-oz. Cans

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Reg. 1.99 12-oz. Cans

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750 ML Reg. 3.39

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12-oz. Bottles Reg. 2.29

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LET'S TALK IT OVER

with Odd E. Haugen

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Map showing location of Carpet Center at the intersection of Parker Street and Ashby Avenue, near the 8th Street BART station.

History

Independence Day almost occurred July 2

By KATHRYN LINDEMAN
Smithsonian News Service

"The glorious Second?"

Of course not. "The Fourth" is firm in the national mind as the synonym of independence. But July 2 could well have been the nation's birthday, and for a moment 204 years ago John Adams truly thought it would be.

It was on July 2, 1776, that the Continental Congress, meeting in a hot, humid Philadelphia, came to an inevitable but anguished decision — one that Adams told the patriots "rolls in on us like a torrent." Although the Declaration of Independence was pending before the angered Congress, the delegates first voted on the crucial principle of separation contained in a resolution proposed by Richard Henry Lee of Virginia. Its words tell the story: "... these United Colonies are, and of right ought to be, free and independent States . . . and that all political connection between them and the State of Great Britain is, and ought to be, totally dissolved."

The vote on the Lee resolution, so momentous because of its daring challenge to mighty Britain, prompted Adams to write his wife Abigail on July 3, "I am apt to believe that (July 2) will be celebrated by succeeding generations as the great anniversary festival."

That, of course, was not to be. On July 4, after making a few minor changes, the Congress approved the Declaration of Independence, which Jefferson and four other delegates had been drafting since June 11. Like the Lee resolution, it announced the intent of the Colonies to be "free and independent," but it was much more detailed, listing the grievances against the Crown, and it was blessed with Jefferson's ringing phrases: "We hold these Truths to be self-evident, that all Men are created equal

And so the commitments to independence became official on July 4, and it is that date that became fixed in American history and legend as the beginning of the new nation. For Americans interested in historical footnotes, however, it should be noted that the Declaration was not read from Independence Hall until July 8. And not until July 19 did Congress vote to have the document signed by the states' delegates to the Continental Congress.

Apart from missing by two days the date when his countrymen would celebrate Independence Day, Adams' letter is significant for its confidence in the step that many members of the Continental Congress thought it might fail. As Benjamin Franklin remarked at the time of the Independence debate in Philadelphia, "We must all hang together, or assuredly we shall all hang separately."

But in his letter to Abigail, Adams displayed no uncertainty, predicting that in years to come independence would be marked by "... pomp and parade, with shows, games and sports, guns, bells, bonfires and illuminations, from one end of this continent to the other . . ."

Yet the first anniversary would have gone without notice had it not been for a Philadelphia resident who realized that the one-year mark was approaching. Celebration plans were quickly pulled together and, according to an account by Adams, bells rang all day, bonfires

and fireworks lit up the night and 13-gun salutes from warships in the harbor tore the air. A mid-afternoon dinner in a local tavern was accompanied by music and toasts. That was followed by a parade of soldiers and the lighting of candles in city windows.

As the revolutionary army disbanded, soldiers returned home and pioneers began moving West, the idea of celebrating the Fourth spread to other areas of the new nation.

However, "by the time of the 50th anniversary in 1826, many were questioning the way of celebrating independence," according to sociologist Shirley Cherkasky, who is responsible for July Fourth research in the Smithsonian Institution's division of performing arts. By then, for example, U.S. leaders believed there should be more meaningful observances than the custom of allotting an extra ration of rum to the soldiers.

A special celebration was planned for July 4, 1826 — it would not follow the usual style of "frying chickens, firing away damaged powder or fuddling our noses over tavern wine," as one newspaper put it. Instead, dignitaries who had taken part in the events of July 1776 were invited to Philadelphia for commemorative ceremonies. Ironically, Thomas Jefferson and John Adams, who had declined the honor because of ill health, both died on that July Fourth, exactly 50 years after approval of the Declaration.

A number of customs that began with the early celebrations in Philadelphia continued for a century or more. A public reading of the Declaration of Independence, for one, was a popular event on most July Fourth schedules for years.

Orations and parades also were customary. "Oratory was an art in the early days," Harold Closter of the Smithsonian's performing arts division says. "It said that Daniel Webster left his duties in Washington each year to go to his hometown in New Hampshire to give the two hour July Fourth address to an audience of thousands." The popular appeal of a number of famous orators, including Webster, who quoted from the Greek with great fervor and patriotism, emerged at this time.

Orations soon turned into political speeches, and campaign promises by the candidates followed right along. "Traditionally," Herbert Collins, Smithsonian political history curator, says, "Fourth of July festivities have been used as a testing ground for politicians kicking off their campaigns."

Of course, fireworks of one sort or another have been popular Independence Day attractions for more than 200 years, since the time of the early bonfires and lighting of candles in Philadelphia. But firecrackers and other explosives in the hands of children and amateurs eventually came under attack from community leaders who called for a "safe and sane Fourth." In the early 1900s, the *Chicago Tribune* launched a campaign for a safer holiday without deaths, injuries and fires from explosives, and 1903 saw the citizens of Springfield, Mass., ban the sale of explosive devices. "By the 1950s," Cherkasky says, "many states had outlawed the use of private fireworks, and municipal authorities were presenting the



GIANT BELL—In 1926, a gigantic Liberty Bell was erected in Philadelphia to mark the 150th anniversary of the signing of the Declaration of Independence.

President Calvin Coolidge, on hand to give a speech, led the parade in his Packard.

displays."

"The Victorian idea of excess," she adds, "pervaded the 100-year anniversary in 1876 and helped to bring a resurgence in patriotic celebrations of the holiday." An elaborate internal exposition of arts and manufacturing and products of farm and mine, including exhibits from more than 50 foreign countries, was organized on 284 acres of Philadelphia's Fairmount Park. There were hundreds of large and small structures at the park, with main building alone covering 20 acres. The Centennial exhibition's collection of equipment and products impressed foreign visitors, demonstrating that the United States had become a major industrial and economic power.

As this new giant grew older, it slowly dropped the

concept of the Fourth as a quasi-military event. Cannon salutes and extra rum for the men . . . And during the 20th century, particularly after World War II, the holiday became firmly established as a family event.

Picnics, barbecues and fish fries have taken the place of the customary recitation, patriotic speeches, long-winded oratory — except for the 1976 Bicentennial during which just about any kind of commemorative activity could be found somewhere in the country on the Fourth.

But whatever way Independence Day is celebrated, John Adams, after all, was only two days off when he wrote Abigail: "The Second of July 1776 is the most memorable epoch in the history of America."



Brian Jay gets practice heading the ball at Cerrito Vista Park

East Bay kids' soccer camps grow in popularity

By STEVE KANIGHER

EL CERRITO — Dozens of kids in yellow T-shirts were running back and forth in waves across Cerrito Vista Park. In the air and on the ground ahead of them were dozens of black and white balls.

The young people were participating in a week-long soccer camp sponsored by the Alameda-Contra Costa Youth Soccer League. The league, which is sponsoring five East Bay sessions this summer, will conduct another clinic at Cerrito Vista Park from Aug. 25 to Aug. 29.

Camp director Jack Hyde said the camps are growing in popularity each year because of stronger support from the league. Last summer, for example, 65 children attended a camp in El Cerrito. Last week, there were 103 participants between the ages of 6 and 15.

"The main reason soccer is expanding in popularity is because it looks like fun," said Hyde, a former assistant coach of the Oakland Stompers professional soccer team and current head coach at San Francisco State University.

"It used to be that the players who were coming into soccer were the non-athletes, the people who couldn't make the basketball team, etc. But that's not so any more. We're getting terrific athletes coming through. In fact, the United States Olympic team this year qualified for the Olympic games for the second time in history.

Hyde, a Birmingham, England, native, is assisted at these camps by United States Soccer Federation-licensed coaches and by players from San Francisco State. Each child brings his or her own ball to camp and spends the day learning soccer techniques, watching soccer films at the Community Center, playing games and working on game strategy. The kids are divided up by age group and ability, with a ratio of about 12 children for every coach.

"If you've got a six-year-old whose being introduced to the game, the emphasis will be more on fun with him,"

Hyde noted. "But he will pick up some stuff about how to kick the ball correctly and we make it fun for them. For the older guys, who have got those fundamentals and have been playing a few years, we go a little bit more into the tactical stuff and more into the game situation, how they should play and how they shouldn't play."

For the younger kids, Hyde said, the hardest thing to master is ball control. For the older kids, the biggest problem is getting them to pass the ball to others, he added.

"Last year, we had to cover a lot of basics," Hyde said. "This year, we've noticed that the two older groups have got a lot of these fundamentals down."

Last week's camp had about 15 girls, all of whom are treated like the boys.

"The girls at this camp are tough," Hyde remarked. "They hang in with the guys. They're certainly not afraid and don't have to be treated lady-like."

The money generated from the fee-based camps goes back to the youth soccer league, which uses the funds to purchase equipment and rent playing fields.

"Out of 100 kids, you're not going to see 100 kids develop during the week," Hyde stated. "But if you have a small group of 12 kids and you can get them to do something, even if it's only spreading out or acting as a team for a week, I think it's the most satisfying experience."

"We stress a lot in these camps on not only the skill side, but the reaction to your fellow players. When you score a goal, the first person you thank is the person who gave it to you. And the player who gave it to that guy should be thanked. So, eventually, 11 people get thanked."

Applications for the next soccer camp in El Cerrito may be obtained by writing to: ACCYSL Soccer Camp, 1801 Yosemite, Berkeley 94707.

times
journal
photos
by
christopher
agler



John Smith uses his head to advance the ball



Nathan Bartolome gets his kicks during recent soccer camp in El Cerrito

Pot luck with Olga Bier

...habits are hard to break. Just ask anybody who has tried to diet. I've mentioned before how many teenagers resist trying new and different foods. Mature people can be even worse. But, unless the food preferences are a well-balanced and nutritious diet, why not try a new one? The one who limits his diet this way is possibly missing out on a lot of good food. An adventurous palate provides many pleasures to the orally-oriented. Oh, dear, that's another word for heavy discussion about psychological lines. This is a food column, isn't it? 'scuse me.

Judith A. writes: "How can I serve a meat casserole or combination dish when my husband always removes the meat to use in a sandwich?"

...note and the recipe you enclosed, I can see someone who enjoys cooking. You mean that you serve a lovely goulash or Swiss steak, your husband takes out the meat and makes it into a sandwich, that hardly would inspire you to go to the store and buy Beef Esterhazy or a French Potage. But still, why not, for yourself and your friends? I know how I feel that food must be shared to give full meaning to the meal.

...getting back to the question at hand. Bless him, my husband, why fight it? Reminds me of a sandwich which shows the lady of the house serving a goulash and fancy goodies to her guests. To her distressed husband she is whispering out of her mouth, "But for you hot pstrami sandwich."

...been a running gag in our house for years when I panic at a menu he doesn't wish to share. Judith, if you can't sneak in meat sauce casseroles or lasagne or a shepherd's pie made with ground meat, let's give him some really good sandwich.

...Among the top American favorites are the hamburger, the Reuben, based on corned beef, Swiss cheese, and sauerkraut with 1000 Island Dressing; the meat with ham and scrambled eggs and onions and peppers; and the Club, which usually has turkey, bacon, and tomato.

...The one I find that makes a nourishing and hearty sandwich consistently like is the Monte Cristo. It is then dipped in cheese and a bit of butter (it's two sandwiches) and a piece of butter French toast. It is usually hefty so like split pea or pea soup. If you serve some hefty soup like split pea or pea soup, and top off with a fruit dessert, you serve that man a meal he will enjoy, I'm sure. You old saying, "If you can't lickem, join 'em!"

Luv, Olga B.

Recipe forms

...Someone commented favorably on the way I often write recipes in a narrative form rather than in the traditional list of ingredients followed by directions form. The latter way is efficient and can be seen at a glance. The ingredients that must be assembled first. The other way, however, is my little trick of forcing you to visualize the sequence of steps in the assembly. This just reinforces my aim in getting the cook to follow the procedure rather than just following a list of instructions. Understanding what happens to ingredients as they are combined in sequence clarifies the cooking concept; are you sautéing, frying, broiling, tenderizing, emulsifying, etc. Visualizing the steps as you read through the recipe makes the cook think a bit and do some mental organizing. When you think involved, you're liable to learn something, as I have found in a few years of teaching.)

The changing American diet

...In keeping with our sandwich theme today, here's some food for thought. In the last 16 years, chili sauce, ketchup and pickle consumption has doubled in pounds consumed per person. Soda pop has jumped from 192 pounds per year in 1960 to 493 in 1976, almost 40 percent.

...per year our tummies filled, but we eat what?

Another sandwich tip

...By the way, if you like to grill your sandwiches, my friend Ned did something one day when I was out on a wondering where we had left the book with the other and other goodies we had prepared for our fishing. He brushed the outside of our sandwiches with mayonnaise before she put them in the hot frypan. They were so golden toasty and crisp that I was amazed at my surprise. Have you ever tried that?

...Olga Billones Bier, an Albany resident and author of two books on culinary arts at Contra Costa College heads the continuing home economics department of El Cerrito High School. She has a degree in art, home economics and English from San Jose State and an MA in education from the University of San Francisco.

...Please write with hints for this column or questions may write to Olga Bier, care of the Times Journal, 1247 Solar Ave., Albany.

Hills Club sets outings, invites public to join

...The Hills Club invites anyone interested in conservation, hiking, camping, and enjoying the natural beauty of California to join its weekly outdoor activities around the Bay.

...The Oakland-based organization, active for the past 15 years, schedules regular outings and Sunday outings and charges no fees, except for a \$10.00 initiation fee. Rabinowitz of El Cerrito.

...New six-month schedule available for 1980.

from: CHCH, 340th St., Oakland 94609.

The following events (call leaders for time and transportation information) are slated for July:

- July 13 - L4 Trampas ridge hike, starting in Danville. Phone leads at 443-1757 or 445-5210.
- July 20 - Hiking in the Hayward hills. Leaders: 582-1717.
- July 27 - Mountain Home to Stinson Beach in Marin County. Leaders: 647-7304.

Albany Middle School honor roll lists 198

ALBANY — Albany Middle School's principal, Robert Shogren, has announced the honor roll for the spring quarter.

Eighth graders who won honors are:

Ryan Alfonso, Angela An, Kemi Aoki, Jonathan Arms, Nancy Baldwin, Stephanie Bailey, Keith Beale, Kandis Beasley, Hani Boukis, Krystalon Byrom, Kenneth Carlock, Gregory Caybut, Brian Chamberlain, Po Hua Chang, Joshua Chen, Claire Chou, John Christensen, Sheila Compton, Helena Coulthros, Jay Cuatara, Sherry Dwyer, Carol Entenman, Artemis Farrokh Tala, Judy Fu, Robin Goldman, Lisa Greene, Richard Grosse, Jill Ham, Claire Hanson, Teresa Harnden, Michael

Harvey, Jeff Hatch, Sharon Hays, Debbie Hein, Cassis Henry, Sheila Hester, Bryan Houston, Alex Hsiao, Ozzie Hussain, Nancy Key, Hun-Jin Kim, Nicole LaFreniere, Peter Laufenberg, Booby Liao, Sascha Lookkoff, Serge Lookoff, Patricia Machado, Kirsten Malork, Bonny Minogio, Heather Muir-Greene, Bryce Nesbitt, Miles Orkin, Janet Parham, Tami Peterson, David Reed, Shelley Sangmaster, Alex Smith, Holden Stein, Alvin Turner, Molly Turner, Gina Valladares, Valerie Vilaska.

Litha Ramirez, Laura Rogers, Bassel Samaha, Rebecca Saulsbury, Kari Shepherd, Edward Shively, Geoffrey Smith, Michelle Smith, Pieter Snapper, Angel Spatorno, Kim Stevens, Sandy Tamanaha, Kevin Tannahill, Alison Truman, Joey Umland, Mary Wagg, I Wey Wang, Jon Ward, Mark Warren, Kevin Wong, Dennis Wolfe, Margaret Wright, Suzanne Yee, Karen Zapata, Nico Zimmerman.

Sixth graders winning honors were:

Ann Aedo, Shea Anderson, Mieke Aoki, Cindy Beals, Richard Berry, Emily Charlton, Venise Corbin, Amanda Crump, Tara Cuatara, Samantha Eidson, Mark Escalante, Arshia Farrokh-Tala, Marjorie Fujinaga, Cindy Groom, Sharon Hsu, Michael Hussain, Karen Karmes, Jenny Jackson, Lenny Johns, Colleen Law, John Li, Kelly Lohman, Andre Machado, Cindy Martinez, David McGaw, Kaitlin Meginness, Ted Mendiblez, Darrell Nelson, Sally Neill, George Nesbitt, Alan Nishioka, Joyce Okimoto, Samantha Oryall, Suzanne Parrish, Rebecca Prince, Karen Pon, Angela Russell, Tonie Sampson, Stacy Sangmaster, Jon Saurman, Jennifer Shelton, James Shively, Flynn Signer, Andy Smith, Amy Sullivan, Anna Sumisaki, Bizhan Tabatabaia, Catherine Tate, Michelle Thiebaud, Tommy Tjoa, Sharon Wouff, Dorothy Wu, Eve Yost.

LHS presents science film

"Baobab: Portrait of a Tree," a film about an African tree and the mammals that congregate around it, will be shown at UC-Berkeley's Lawrence Hall of Science from July 5 to July 11, at 11 a.m., 1 and 3 p.m.

Three films for children, "The Foolish Frog," "Zoo," and "Cheechako's First Day," will be shown on the above dates at 10:30 a.m. and 2 p.m.

For more information, call 642-5132. Admission to Lawrence Hall of Science is \$1.50 for adults \$1.50 for senior citizens and students, \$1 for children between seven and 18, and free for LHS members and children six and under.

Seventh graders on the honor roll are:

Persephone Abbott, Samantha Adler, Robert Adwer-Boamah, Chante Anderson, Kiki Ansari, Morgan Appel, Sean Arabi, Butch Arnoff, Becky Au-

SUPREME TV SERVICE
SALES-SERVICE
Our Specialty is **TELEVISION**
Due to Your Demand for High Quality Work
We Also Service RCA and IMPORT SETS
724 San Pablo Ave.
ALBANY 235-7246

KING TU
Restaurant & Lounge
1335 Solano Ave.
ALBANY 525-2285
OPEN 6 DAYS A WEEK!
LUNCH THURS.-SAT. 11:30-3:30
DINNER 3:30-10 SUN. 4:30-10:30 p.m.
FRI.-SAT. 3:30-10:30 p.m.
COCKTAILS: 4:30-10 p.m.
•Food to go • Banquet Rooms • Catering

It's Fun To Eat At MacFarlane's
SPECIAL! Turkey Sandwich w/beverage Reg. 2.50 **\$1.95**
MacFarlane's Candies and Ice Cream
OPEN DAILY 11 a.m.-9 p.m.
9901 San Pablo El Cerrito
This ad good for 50¢ off regular priced Sandwich or Salad through July 12th.

FOOD BOWL
2 STORES
SAN PABLO 1835 Rumliff Blvd.
EL CERRITO 1757 San Pablo Ave.
STORE HOURS:
El Cerrito: Thursday & Friday 5 a.m. to 9 p.m.
Mon. Tues. Wed. Sat. 5 a.m. to 8 p.m. Sunday 9 a.m. to 7 p.m.
San Pablo: Monday-Saturday 9 a.m. to 8 p.m. Sunday 9 a.m. to 6 p.m.
PRICES EFFECTIVE TUES. JULY 1 thru MON. JULY 7

LEMONADE
MEAT PIES
ICE CREAM
MARGARINE
PAPER PLATES 99¢
FOAM PLATES 1.79
PORK & BEANS 3 for 1
SALAD MACARONI 99¢
SEVEN-UP 1.19
KRAFT CHEESE 1.49
DRESSINGS 1.09
Chinet 15 Count Dinner Size 99¢
Huffy 50 Count 1.79
Van Camp's 16-oz. Tin 3 for 1
Golden Gravy 2-oz. Pkg. 99¢
Regular or Diet 12-oz. Tin & Pak 1.19
10-oz. Half Moon 1.49
Kraft French, 1000 Island, Cream Cuz, 18-oz. Bottle 1.09

Granny Goose
POTATO CHIPS 89¢
Twin Pack 89¢
4 99¢
3 89¢
\$1.69
55¢
69¢
1.09
85¢
1.99
2.49
1.69
1.29
APPLE PIES 1.79
FRIED CHICKEN 3.69
COB CORN 89¢
BEEF RAVIOLI 79¢
MUSHROOM SAUCE 75¢
WHIPPED TOPPING 49¢
LAYER CAKES 1.39

COCA-COLA
SPRITE-TAB 1.19
6 PAK 1.19

MAYONNAISE
Best Foods 1.49
Quart Jar

CRISCO
SHORTENING 1.99
3 Lb. Tin

COFFEE
HILLS BROS. 5.29
2 LB. TIN

CHARCOAL
KINGSFORD 1.89
10 LB. BAG

HOT DOGS
John Morrell 69¢
MEAT 12-oz. Pkg.

SANDWICH SPREAD 1.49
LARGE EGGS 69¢
REYNOLDS WRAP 39¢
SEASONED SALT 99¢
PICKLE RELISH 49¢
PITTED OLIVES 69¢
BAR B-Q SAUCE 69¢
Hamm's Beer 2.99
Miller's 1.89
French Bread 79¢
Wonder Buns 3 for 1
Fruit Drinks 89¢

FOOD BOWL
SAN PABLO STORE OPENED JULY 4th 9 a.m. to 6 p.m.
EL CERRITO STORE CLOSED JULY 4th Open Thursday, July 3rd 11 a.m. to 9 p.m.
TUMS 69¢
3 ROLLS
EXCEDRIN 60's 1.49
WIENERS 1.49
Jumbo or Regular 1-lb. Pkg.
FRUIT DRINKS 89¢
Carnation Fruit-Grape-Orange Gailon Size

WATERMELONS 12¢
Whole Red Ripe
CANTALOUPE 2.88¢
Jumbo Vine Ripened
BROCCOLI 59¢
GREEN BEANS 59¢
CELERY 45¢
CUCUMBERS 4.99
HEAD LETTUCE 3.99
SPINACH 3.99
NECTARINES 3.99
PEACHES 4.99

SPARERIBS 99¢
PORK FRESH FROZEN THAWED
FRYER LEGS 89¢
FRESH FAMILY PAK

CHUCK STEAK 1.99
BAR-B-Q STEAK 2.39
PORK ROAST 89¢
SAUSAGE 1.89
MEAT 1.29
BOLLOMNA 1.49
BEEF 99¢
LUNCHEON MEAT 1.59
X-RIB ROAST 1.99
SMOKED HAM 99¢
GROUND BEEF 1.89
CANNED HAM 6.99

FOOD BOWL MEAT SPECIALS
BEEF CHUCK STEAK 1.59
BEEF RIB STEAKS 2.49
BEEF SIRLOIN STEAK 2.99
BEEF CHUCK ROAST 1.19
SMOKED PICNICS 79¢
FOSTER FARMS 1.29
HALF PORK LOIN 1.49

Computerland
OPEN TUES.-SAT. 10-5:30
11074 San Pablo Ave., El Cerrito, Telephone 233-5010

Truly Fine Bar Soap

Emerald or Ocean Mist, 3 Pack
5 ounces, 15¢ OFF Label
99¢
Save 15¢ each

Bounce Fabric Softener

40 Sheets, 15¢ OFF Label
\$1.79
Save 40¢ each

Scotch Buy Paper Plates

100 count
99¢
Save 38¢ each

Aqua-fresh Toothpaste

8.2 ounce, 30¢ OFF Label
\$1.19
Save 58¢ each

Prell Shampoo

5 ounce Concentrate or 11 ounce Liquid, 40¢ OFF Label
\$1.29
Save \$1.10 each

Pepsodent Toothbrush

Adult, each
49¢
Save 50¢ each

Dial Anti-Perspirant

Solid, 2 ounce, 30¢ OFF Label
\$1.19
Save 90¢ each

Safeway For ONE-STOP SHOPPING

COMPARE OUR PRICES AND SAVE!

Excedrin Tablets

100 count
\$1.79
Save 70¢ each

Pampers Diapers

Extra Absorbent, 60 count
\$6.99
Save \$1.00 each

MORE THAN A FOOD STORE

Q-tips Cotton Swabs

300 count
99¢
Save 90¢ each

Stayfree Maxi-Pads

Regular, 12 count
\$1.09
Save 20¢ each

Carefree Panty Shields

30 count
\$1.59
Save 40¢ each

Charcoal Briquets

Scotch Buy, 10 lb. Bag
\$1.39
Save 48¢ each

Noxzema Shave Cream

Instant, 11 ounce
\$1.09
Save 80¢ each

Signal Mouthwash

24 ounce, 30¢ OFF Label
\$1.39
Save \$30 each

Efferdent Tablets

40 count, 15¢ OFF Label
\$1.15
Save 60¢ each

Bufferin Tablets

100 count
\$1.79
Save 80¢ each

Kodak Film

126-20 Color Film Prints, Roll
\$1.89
Save 20¢ each

Safeway Film

126-20 Color Film Prints, Roll
\$1.69

Polaroid Film

SX-70 Land, Roll
\$6.19
Save 40¢ each

Desitin Skin Care

Baby Fresh, 10 ounce
\$1.19
Save 70¢ each

Raid Bug Killer

House I Garden, 13.5 ounce
\$2.09
Save 90¢ each

Patio Set
Includes: 1-7 Umbrella
1-Round Patio Table
4-Folding Chairs with Pads
1-Table Cover
\$99.99

Color Print Developing
10¢ off regular price
SAFEGWAY COLOR
SAFEGWAY COLOR

HOLIDAY LIQUOR SPECIALS

Smirnoff Vodka
80 Proof, 750 ml.
(Case of 12, \$49.00)
\$4.09
Save \$1.30 each

Gilbey's Gin
80 Proof, 750 ml.
(Case of 12, \$49.00)
\$4.09
Save \$1.20 each

J & B Scotch
85 Proof, 750 ml.
(Case of 12, \$92.40)
\$7.70
Save \$2.00 each

Los Hermanos Mt. Table Wine
Burgundy, Chablis, Rose or Rhine, 1.5 liter
(Case of 6, \$15.00)
\$2.50
Save \$1.98 each

Blue Nun Liebfraumilch
.75 liter
(Case of 12, \$35.88)
\$2.99
Save \$2.00 each

Budweiser Beer
12 Pack, 12 ounce Cans
\$3.59

Brown Derby Beer
12 Pack, 11 ounce Bottles
\$2.09
Save 50¢ each

Miller High Life
Beer, 6-12 ounce Bottles
\$1.69

10% CASE DISCOUNT available on all non-advertised Wines and Liquors. No sales in excess of 20 gallons. No sales for resale. All licensed stores only.



Items and prices in this ad are available July 1, 1980 thru July 8, 1980 at all Safeway Stores in the following counties: Solano, Sonoma, Napa, Marin, Contra Costa, Alameda, Santa Clara, San Francisco, San Mateo, Santa Cruz and Monterey. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.

HURRY! HURRY!
SUNDAY, JULY 6 is the last day for you to
SAVE \$2.00 IN TICKETS TO
MARINE WORLD AFRICA USA
When you buy them at **SAFEWAY**

Exclusive at Safeway
The Great Artists
A library of lives, times and paintings
Book Van Gogh only
Box 2 thru 25, only \$1.99 each.
SilverStone Cookware
Super low prices on colorful Wedgwood cookware with durable SilverStone NON-STICK interiors. BUY A PIECE EACH WEEK AND SAVE.
This Weeks Feature:
8" Skillet \$11.88

B.O.B. to SAFEWAY
3¢ refund on every barrel bag re-used to sack your groceries. Double bags count as one.

SAFEWAY

Fourth of July Sale!

Boneless Turkey

Armour
Golden Star,
Frozen,
USDA
Grade A

\$1.49
lb. 1

Great for the
Spit

Norbest Turkeys

Frozen,
USDA
Grade A

lb. 75¢

Pork Spareribs

Famous Oscar
Mayer Ribs,
Frozen Fresh Thawed

\$1.08
lb. 1

London Broil

Introducing a new cut for London Broil. Bottom Sirloin Cut. Average Weight, 2-3 lbs., Safeway USDA Choice Grade Beef

\$2.99
lb. 2

Whole Body Fryers

Manor House,
USDA
Grade A

57¢
lb. 1

Fryer Thighs

Frozen

\$2.99
5-lb. box 2

Smoked Hams

Hickory
Shank Half,
Water Added

Built Portion
lb. \$1.09
Center Slice
Roast, lb.
\$1.99 Whole
Ham lb. 98¢

88¢
lb. 1

Snow Crab Sections

Alaskan, Frozen
Fresh Thawed

\$1.77
lb. 1

Premium Ground

Beef, 5 Pound
Package or more
(Small Size
Package, lb., \$1.88)

\$1.68
lb. 1

Beef Rib Steak

Small End,
Safeway USDA
Choice Grade

\$2.99
lb. 2

Corned Beef

Safeway Brisket,
Plain or Kosher

\$1.69
lb. 1

Boneless Chuck

Roast, Under Blade,
Safeway USDA
Choice Grade Beef

\$1.77
lb. 1

Boneless Cross Rib

Roast, Beef Chuck,
Safeway USDA
Choice Grade Beef

\$2.18
lb. 2

Beef Tip Roast

Round, Safeway USDA
Choice Grade Beef

\$2.58

Boneless Rump

or Bottom Round Roast, Safeway,
USDA Choice Grade Beef

\$2.18

Sliced Bacon

Cudahy Bar S

99¢

Beef Ribs

Great for Bar-B-Q,
Frozen Fresh Thawed

99¢

Turkey Ham

Manor House

\$1.49

Canned Ham

Dubaque, Oval
Royal Buffet

\$7.99

Smoked Pork Chops

Center Cut,
Water Added (Smoked Pork
Loin Roast, lb., \$1.28)

\$1.88

Blade Pork Chops

Smoked, Water Added

\$1.19

Skinless Meat Franks

Safeway

99¢



Mayonnaise

NuMade,
quart

99¢
Save 36¢ each



Aluminum Foil

Safeway,
25 sq. ft.

45¢
Save 8¢ each



French's Mustard

9 oz.
jar

35¢
Save 11¢ each



Soft Drinks

Cragmont, 12 oz. cans
(Case of 24, \$3.96)

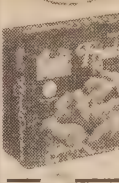
6 for 99¢
Save 20¢ on 6



Lemonade

Bel-air, Frozen
Concentrate, 12 oz.

2 for 89¢
Save 25¢ on 2



Fried Chicken

Manor House,
Frozen, 2 lb. box.

\$1.99
Save 60¢ each



Del-Monte

Tomato Catsup,
32 oz. bottle

79¢
Save 20¢ each



Hot Dog Buns

or Hamburger Buns,
Mrs. Wright's, 8 ct.

2 for 89¢
Save 17¢ on 2



Van Camp's

Pork & Beans,
16 oz. can

3 for \$1
Save 23¢ on 3



Golden Grain

Salad Macaroni,
1 lb. package

45¢
Save 20¢ each



MJB Coffee

Drip Grind,
3 pound

\$8.29

Nectarines

Large Size,
California Grown

39¢
lb. 1

Salad Fixin's

Red Lettuce, Butter
Lettuce, Green Leaf,
Romaine and Bunch Spinach

4 for \$1

Fresh Corn

Golden Large Ears
Sweet Kernels

6 for \$1

Mangos

Tropical
Fruit Treat

59¢
ea. 1

Fresh Limes

Great for
Fresh Limeade

5¢
ea. 1

Radishes & Green Onions

Great for Salads!

3.39¢
bu. 3

Holiday Favorites

Potato Chips	Granny Goose, Twin Pack	88¢
Cheese Food	Kraft, Single Wrap	\$1.49
Powdered Beverages	Cragmont, makes 8 quarts	\$1.59
Heinz Pickles	Cucumber Chips, 16 oz.	59¢
Pickle Relish	Town House, 12 oz.	59¢
Large AA Eggs	Lucerne, dozen	76¢
Ripe Olives	Town House, Select, Pitted, 6 oz.	69¢
NuMade Dressing	Pourable, 8 oz.	59¢
Kidney Beans	S&W, Dark Red, 15 oz.	3 for \$1
Ice Cream	Snow Star, 1/2 gallon	\$1.39

Safeway Stores

In This Area

OPEN

Friday, July 4th

SAFEWAY

Items and prices in this ad are available July 1, 1980 thru July 8, 1980 at all Safeway Stores in the following counties: Solano, Napa, Sonoma, Marin, Contra Costa, Alameda, San Francisco, San Mateo, Santa Clara, Monterey and Santa Cruz. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.

Senior centers

ALBANY
The Albany Senior Center is at 846 Masonic Ave., 644-8500. Hours are Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.
A flyer of the summer activity schedule is available at the center. Pick up a copy and take one for a neighbor.

The center will be open July 4 from 11 a.m. to 4 p.m. Bring a bag lunch.

Classes
Tuesday—Health & Body Dynamics, 9:15-10:45 a.m., starting June 24, for 6 weeks. Hook & Needle group, 1-3 p.m.

Friday—Consumer Survival, 10-11:30 a.m.; Community Service Group, 10 a.m.-2 p.m.
Saturdays—Folk Dancing, 2-4 p.m.

Brown Bag Forum
"The Brown Bag Forum" will meet 11:30 a.m.-1 p.m. Tuesdays. Coffee, tea and cookies will be provided.

July 8: "The Orientation Center for the blind: its program and services." Speaker will be Al Gil, rehabilitation counselor, and a trainee.

Special Events
There will be a general membership meeting on Thursday, July 3 at 12:30 p.m.

The center will be open July 4 from 11 a.m. to 4 p.m. Bring a bag lunch.

Social Events
Bingo, Thursday and Saturday, 10:30 a.m.; Bridge, 12:15 p.m.; Singalong, Tuesday, 1:30 p.m.; Thursday, 11:30 a.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.
Mini-market from 11 to 11:45 a.m. every Thursday, with special produce buys. This is for seniors only.

The "Senior Prom" ballroom dance is held in the multi-purpose room at Marin School every Saturday from 8 to 11 p.m. To brush up or learn new steps, come at 7:30 p.m. Donation: \$1.50 (includes refreshments); Live Band—Donna Owens on the piano-organ, Les Soares on drums and Harry Waker, saxophone. Myriam Heath and Marietta Ferriera, hostesses.

Bus Trips
(All trips leave from Memorial Park)
• Aug. 19-20, Carson City. Cost is \$32.50 per person, \$44.50 single occupancy. Price includes round trip transportation, overnight accommodation. Bonus packages at three casinos.

• Sept. 19-21, Solvang. "Danish Days," cost is \$72 per person (\$94 single occupancy). Trip includes transportation, two nights at the Turtle Inn and barbecue at Mission San Miguel.

Senior Van
The Senior Van is available for transportation Monday through Friday. Wednesday and Friday mornings are shopping trips. The van is also available for medical appointments or other purposes in connection with a person's practical affairs.

Please call for reservations as early as possible to Ivan Paulsen at 644-8500. A 50-cent donation is required.

Menus
The nutrition site dinner is at 4 p.m.
Wednesday, July 2, spaghetti; Thursday, July 3, chicken; Friday, July 4, no meal; Monday, July 7, beef loaf; Tuesday, July 8, liver; Wednesday, July 9, beef stew.

★ ★ ★
EL CERRITO
Christ Lutheran

Mondays, 9 a.m. to 2 p.m. at 780 Ashbury Ave. at Stockton; craft classes in the morning; 50-cent lunch at noon; afternoon program of information, speakers, community singing, sitdown exercises and folk dancing.

Classes in making pressed flower stationery, macrame, jewelry, weaving, ceramics, bottle cutting and knitting and crocheting are taught at the center which is co-sponsored by Richmond Adult Education.

On July 7, Andrew Gould from Social Security will be available for individual consultation at 11 a.m. After lunch, he will talk about "Keeping up with Cost of Living Increases."

St. John's Center
St. John's Center is for El Cerrito residents aged 60 or over. It meets in the Catacombs building, 6570 Gladys St., every Tuesday from 9 a.m. to 2 p.m. (phone Tuesdays only: 234-2797, or call center director N. Gans at 529-1111).

The center is part of the Richmond Unified School Adult Education program for seniors, and is run by trained, supervised volunteers.

Craft classes are held from 9 a.m. to noon: ceramics, jewelry, tin and glass, macrame, knitting and crocheting, watercolor painting, weaving, cards and table decorations and nutrition.

There is a guest speaker following the free lunch. Then there is community singing, sitdown exercises and folk dancing until 2 p.m.

Community Center
Mondays, 6 to 9 p.m. at El Cerrito Community Center, 7007 Moeser Lane. Program: first week, business and bingo; second week, cards and whist; third week, cards and games; fourth week, special programs.

On Wednesday night there is a dance from 8 to 11 p.m. at the center; live music, refreshments served at 9:30. Cost of evening, \$2 per person; information, phone 525-0747 during business hours.

The center is sponsoring a 21-day fall foliage tour to the East Coast. The cost for this excursion is \$1,670 per person, based on double occupancy.

For further information, please call 525-6747.

Senior Citizens Club
The Senior Citizens Club meets Thursdays, 6 to 10 p.m. Phone 526-7462 for information. First Thursday of the month, business meeting; second, bingo; third, birthday observance; fourth, potluck; fifth, Thursday, special programs.

Lunch Bunch
Lunch for El Cerritos age 60 and over, weekdays at noon, Fairmont Recreation Center, 6510 Stockton Ave.; reservations needed. For reservations call 234-7447 between 10 a.m. and noon the day before.

Sakura-Kai Center
Activities for Japanese-speaking senior citizens, first and third Saturdays, 1 a.m. to 3 p.m. behind library, 6510 Stockton Ave.; arts, crafts, exercises, ceramics, "Shigin" (Japanese poetry singing) and social services available. For information, call William Waki, 525-7086.

Open House
Drop-in Center, 6500 Stockton Ave. behind the library; phone 526-0124. Lunch daily at noon. Programs include:

Albany High graduates enjoy night on the Bay

ALBANY — Albany High School's Class of 1980 spent an evening cruising San Francisco Bay following its recent graduation.

The class had a prime rib dinner at Neptune's Palace on Pier 39 in San Francisco. Dance music was provided by the Music Masters at the restaurant, complete with light show. The graduates then boarded Oski, a tour boat from the Blue and Gold Fleet. There they danced to Terry's Traveling Music Show, played

poker, blackjack, wheel of fortune and chuc-a-luc for prizes. Door prizes were drawn. Ron Clark, a caricature artist, drew their portraits.

"It was a crystal clear evening for sight-seeing on the Bay," a spokesperson said. "The lights of the Bay Area provided a great show for those out on deck."

The boat docked at 5 a.m. as the graduates were finishing a continental breakfast. The sun rose as the seniors boarded buses for the trip home.

Monday, disco dance with Bette Wilgus, 10 a.m.; guitar workshop, 7 p.m.

Tuesday, fitness with Ed Taafe, 9:45 a.m., and 10:30 a.m., information and referral, Bea Fields, 10 a.m.

Thursday, fitness with Ed Taafe, 9:45 a.m. and 10:30 a.m., information and referral, Bea Fields, 10 a.m.

Friday, woodcraft with Bob Hollick, 10 a.m.; bowling or bingo, 1 p.m.

Dialogue with Those Alone meets alternate Mondays, 7-9 p.m. On July 14, the guest speaker will talk about stress. Facilitator is Hilari Hauptman.

★ ★ ★
KENSINGTON

Kensington Senior Activity Center: 9:30 to 2:30 p.m. every Thursday at 52 Arlington Ave., offers workshops in crafts, table games and bridge to senior citizens with special programs at 11 a.m. and people from Social Service and other agencies. Lunch of sandwich, cake and coffee available for 60 cents to those 50 and over. Following lunch is group singing.

From 1-2:30 p.m. there is bridge for intermediate and advanced players. From 1-2 p.m. there is a round table discussion of gardening.

Art exhibit features work by Albany woman

ALBANY — Twyla Arthur of Albany will be the featured artist of the month for July at the Berkeley Art Co-op, 1652 Shattuck Ave. (at Lincoln), beginning July 5.

Arthur, a native of Oklahoma, has traveled extensively in Europe and Mexico and, the program notes say, "her work reveals a strong sensitivity to the rich cultural and geographic variety she has experienced."

Her paintings, the notes say, "often consist of bold, simplified forms isolated in space. Otherwise stark images find life through her warm, emotional use of strong, contrasting colors."

The Co-op, where Arthur's work will be exhibited until Aug. 1, is open Monday through Saturday from 10:30 to 5:30. It is closed the first Monday of every month.

Early deadlines

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Classified advertising — Monday, July 7, at 12 noon.
News — Today, Wednesday, July 2, at 5 p.m.

Thousand Oaks graduates 100

THOUSAND OAKS — Thousand Oaks School recently held graduation ceremonies and a special breakfast for its third graders. The following students were graduated:

Matthew Africa, Laketha Allen, Tomano Anderson, Gabor Bergman, Maria Bonner, Michael Burns, Jane Crochet, Olga Danino, Jody Davis, Zachary Denning, Frank Ford, Marie Gardner, Sealtong He, Sarah Jaeger, Monica Jennings, Tara Jones, Allisa Levy, Daren Lewis, Stephen Light, Karl Morris, Sara Rankin, Daren Rubin, Steve Scott, Tanisha Singleton, Gretchen Stromberg, Cyndie Williams, Hsiao Aiwo, Alexander Andrade, Fredrick Combs, Joanne Cook, Francesca Delfin, Elizabeth Gardner, Robert Hiramolik, Diane Kiehl Jacob, Lewis, Fabiola Macias, Teresa Malavilla, Gary Martin, Robin Ortiz, Martin Pallas

Carmen Perez, Maria Perez, Stephanie Rife, Patricia Ruiz, Rosa Sanchez, Theodor Aaron, Billy Cherry, John Conner, Erica Flachsen, Benjamin Garlin, Marya Francis, Christopher, Jones, Anne Kees, Pacey, Sally Pirovetti, Shermach, Renee Stewart, Lora Wiggin, Mya Woodhouse, Jerry Anagor, Ruben Ramirez, Toni Clark, Andrew Corning, Philip Harper, Adeline, erine James, Adam, Lovely, Sean, Markes, Derek Miller, Antionette Newton, Gary, Renee, Laura, Spier, Alison, Stewart, Fania, Washington and Cathy

Lucky CENTER

MORE THAN JUST ANOTHER SUPERMARKET



Ladies Dittos® Knit Top Assortment

100% cotton, choose from short sleeves, muscle sleeves or sleeveless styles. V-neck with or without button trim. Assorted solid colors. S-M-L

(Reg. 4.77 & 5.77)
3.77

now
Fashion items not available at E. 14th St., San Leandro, South Shore Center, Alameda or El Cerrito Plaza, El Cerrito Stores.



Health & Beauty Aids at Everyday Low Discount Prices

4-Way Nasal Spray	
Regular	1 oz. 2.07
Bufferin Tablets	
.....	36's 1.26
A & D Ointment	
.....	1.5 oz. 1.14
Band-Aid Brand Bandages	
Large - Plastic or Sheer	50's 1.29
Rave Extra Curl Perm Kit	
.....	kit 4.39
Olay Vitalizing Night Cream	
.....	2 oz. 4.19
Scholl's Exercise Sandals	
Assorted	pair 15.49
New Freshness Concentrate Douche	
.....	4 oz. 1.19
Jergen's Lotion	
Extra Dry or Regular	10 oz. 1.69
Jergen's Lotion	
Regular or Extra Dry	15 oz. 2.39
Clairel Nice 'N Easy Hair Color	
Assorted Shades	kit 3.29
Summer's Eve Disposable Douche	
Regular or Herbal	4.5 oz. .64

For Your Shopping Convenience
Your Lucky Store will be

OPEN

9 am to 7 pm
Friday, July 4th!

Prices effective Wednesday, July 2nd thru Tuesday, July 8th, 1980.
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• ALAMEDA 2246 South Shore Center • ANTIOCH 2515 Somerville Rd. • AUBURN 386 Elm Ave. • CAPITOLA 1955 41st St. • CARMICHAEL 6431 Fair Oaks Blvd. • CARSON CITY 2400 Hwy. 50 East • CASTRO VALLEY 3443 Castro Valley Blvd. • CITRUS HEIGHTS 6184 Sunrise Mall • CONCORD 5400 Ygnacio Valley • CONCORD 4498 Treat Blvd. • DALY CITY 255 San Pedro Rd. • DAVIS 1900 Anderson Rd. • DUBLIN 8909 San Ramon Rd. • EL CERRITO 300 El Cerrito Plaza • FAIRFIELD 1950 No. Texas • FOLSOM 671 E. Bidwell Dr. • FREMONT 40055 Mission Blvd. • FREMONT 4949 Stevenson Blvd. • GRASS VALLEY 11867 Sutton Way • HAYWARD 22695 Foothill Blvd. • LIVERMORE 2073 Railroad Ave. • LIVERMORE 1951 Holmes St. • MADERA Country Club Dr. & Cleveland Ave. • MARYSVILLE 828 "J" St. • MODESTO 1717 Oakdale • MORAGA 1550 Canyon Rd. • MOUNTAIN VIEW 715 E. El Camino Real • NAPA 1312 Trancas St. • OAKLAND 1630 High St. • PETALUMA 1000 Petaluma Blvd. • PLEASANTON 6155 W. Las Positas • RHEEM 375 Rheem Blvd. • RICHMOND 3042 Hilltop Mall Rd. • 12010 San Pablo Ave. • SACRAMENTO 9137 Klefer Blvd. • 8700 La Riviera Dr. • 5445 Auburn Blvd. • 5924 Stockton Blvd. • 2700 Marconi • SALINAS 1150 So. Main St. • SALINAS 1180 No. Main St. • SAN FRANCISCO 3925 Alemany • SAN LEAN • DRO 1550 E. 14th St. • SAN LORENZO 15840 Hesperian Blvd. • SAN JOSE 272 E. Santa Clara St. • 471 So. Saratoga • 2217 Quimby • 1750 Saratoga Ave. • SANTA ROSA 915 Montgomery Village Ct. • SOUTH LAKE TAHOE 2838 Al Tahoe Blvd. • STOCKTON 7506 Pacific Ave. • SUNNYVALE 580 E. El Camino Real • TAHOE CITY 100 River Rd. • TURLOCK 2595 Geer Rd. • UNION CITY 4122 Dyer St. • VACAVILLE 136 Peabody Rd. • YUBA CITY 700 Gray Ave.

Leisure Time Items at Everyday Discount Prices!

Kan Koasters
Foam can coasters to keep your hands warm and drinks cold.
each **1.39**

Super Ice
The ice substitute that keeps items cold & dry. Soft or hard pack.
1.79 pkg.

Thermos Brand Six-Packer
Plastic Ice Chest.
each **9.99**

Thermos Brand 1-Gal. Picnic Jug
Plastic
each **3.99**

Hibachi
10" x 17"
each **6.97**

BBQ Tool Set
3 Piece

Swim Goggles

Swim Mask

Beach Ball
20" Inflatable

Legran Sunglasses
Choose from 10 styles. Plastic Frame, Metal Frame or Rimless. pair **2.99**

Lucky PHOTO
FILM DEVELOPING
COLOR PRINT FILMS

Basic Value
from Luck

Flynn

celebrate 25th

Bob and Mary Flynn celebrated their 25th wedding anniversary recently at a party at their home with 100 guests.

The hosts were her parents, Mr. and Mrs. William Flynn of Pinole, and his wife, Mrs. Gene Flynn of Richmond.

The Flynn's were married in Richmond, and now live in Albany. They have three children, Bob, Carl and Mary.

Mary Flynn was installed June 27 as new president of the Albany Lions Club.



How to talk to 22,000 people weekly

Got a complaint? Got a comment on the way city government or the schools are run? Do you like or dislike something published in the Times Journal?

Write a letter to the editor. Type it, double-spaced, and include your name and address. We'll withhold your name from publication if you wish, but we have to know who wrote the letter, for legal reasons.

Our address: Times Journal, 1247 Solano Ave., Albany 94706. Any questions? Call us at 525-2644.

We think newspapers should be a medium for public discussion.

EL CERRITO

Pay Less Drug Store, 10600 block of San Pablo, El Cerrito, reported on Monday, June 23 the loss of \$50 worth of cosmetics. The suspect involved was described as a black male in his late 20s, 6'0" tall, with a beard.

Delmon Jackson, 19, 2500 block of Mira Vista, El Cerrito, was arrested by El Cerrito police on Monday, June 23 for strongarm robbery. Three juveniles were also arrested in the case. Jackson is scheduled to appear in Bay Municipal Court on July 14 for a plea hearing.

Hugo Arriola of Pacifica reported on Monday, June 23 the theft of a car stereo worth \$476 from the 2700 block of Arlington in El Cerrito.

George Simms, 35, 1800 block of 2nd St., Richmond, and Lance Wilson, 29, 800 block of 10th St., Richmond, were arrested by El Cerrito police on Tuesday, June 24 for possession of stolen property. They are scheduled to attend a plea hearing in Bay Municipal Court on July 14.

Mervin Pizzagrandi, 18, 6600 block of Central, El Cerrito, and a juvenile who escaped from a juvenile hall in Contra Costa County

were arrested by El Cerrito police on Tuesday, June 24 for possession of a stolen auto.

Carol Cavalli of Alameda reported on Thursday, June 26 the theft of a 1976 Toyota Corolla from the Pic-N-Pac Liquors parking lot, 10000 block of San Pablo in El Cerrito.

Paul Saylor, 800 block of Balra, El Cerrito, reported on Friday, June 20 the loss of \$1,500 in cash from a safe.

El Cerrito police recovered a 1973 Lincoln Continental on Friday, June 20 reported stolen out of Oakland last September.

Donald Elrod, 900 block of Arlington, El Cerrito, reported on Saturday, June 21 the loss of \$1,275 worth of jewelry and stereo equipment.

Robert Bowles, 1300 block of Arlington, El Cerrito, reported on Sunday, June 22 the loss of \$1,960 worth of coins, firearms and stereo equipment.

James Wang, 400 block of Ashbury, El Cerrito, reported on Sunday, June 22 the theft of a car stereo worth \$55.

Shiela Schaffer, 2200 block of Humboldt, El Cerrito, reported on Friday, June 20 the theft of a car battery.

John Woodward, 2600 block of Tulare, El Cerrito, reported on Friday, June 20 the theft of a car battery.

A juvenile was arrested by El Cerrito police on Saturday, June 21 for grand theft.

A juvenile was arrested by El Cerrito police on Saturday, June 21 for battery.

Thelma Johnston, 1000 block of Liberty, El Cerrito, reported on Sunday, June 22 the theft of a car battery.

A juvenile was arrested by El Cerrito police on Wednesday, June 25 for possession of a stolen vehicle.

Jim Nagel, 1100 block of Richmond, El Cerrito, reported on Thursday, June 26 the theft of auto accessories.

KENSINGTON

George Moore, Rincon Road, Kensington, reported on Sunday, June 22 the loss of a color TV, rugs, jewelry and silverware worth a total of \$9,880.

Bradford Sherman, 200 block of Grizzly Peak, Kensington, reported on Thursday, June 26 the theft of auto parts.

ALBANY

Emel Wilson, 27, 2300 block of E. 21st St., Oakland, was arrested by Albany police on Wednesday, June 25 for assaulting police officers. The officers were responding to a call that he was attempting suicide. He is scheduled for arraignment in Berkeley-Albany Municipal Court on Wednesday, July 2.

Eddie Garrett of San Francisco, 25, was arrested by Albany police on Tuesday, June 24 for selling marijuana.

Gyntone Mays, 20, 3200 block of Nevins, Richmond, was arrested by Albany police on Tuesday, June 24 for burglary.

Leo Ringle of San Francisco reported on Thursday, June 26 the theft of a silver 1964 Chevrolet from the 1300 block of Solano in Albany.

James Gordon III, 300 block of Wilson, Albany, reported on Friday, June 20 the theft of a car battery.

Clarance Deene and Ellen Fuhrman, 800 block of Pierce, Albany, reported on Saturday, June 21 the loss of \$4,558 worth of miscellaneous items.

Ann Berry of Albany reported on Monday, June 23 the theft of a tan Universal bike from the 800 block of Hillside in Albany.

A juvenile reported on Monday, June 23 the theft of tires from his Wards bike on the 900 block of Evelyn, Albany.

Theodore Bernas, 500 block of Pierce, Albany, reported on Wednesday, June 25 the theft of a pocket calculator and tool bag worth a total of \$45 from his car. In connection with the case, police are looking for two white males, aged 20 to 25, 5'10", with blonde hair. One suspect was wearing blue jeans and a white pullover shirt.

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Police beat

All Your Cookout Needs At Low Everyday Prices!



Lucky Has All You Need!

Celebrate this Holiday weekend with a family cookout or picnic. And make Lucky your headquarters for all the food and fixings; you'll find low, discount prices in every department... delicious meats and poultry... fresh summer produce... beverages... paper plates and cups... charcoal... everything you need!

So come in and start the celebration right at Lucky... Low, Everyday Discount Prices... save time, save money.

Basic Value... from Lucky!

All Lucky Stores will be OPEN Friday, July 4th 9 am to 7 pm

(except Marin County Stores)

Fresh Young Turkeys Valchris
USDA Grade A, Self-Basting, (approx 9-13 lb. avg.)... **lb. .68**

Beef Chuck Steaks
... **lb. 1.29**

Frying Chicken USDA Grade A
Whole Body (Cut Up 1/2 lb. 78)... **lb. .59**
Top Sirloin Steaks
Beef Loin, Boneless... **lb. 3.09**
Beef Loin T-Bone Steaks
... **lb. 3.09**
Porterhouse Steaks
Beef Loin... **lb. 3.19**
Beef Rib Roast
Large End... **lb. 1.99**
Beef Rib Roast
Small End... **lb. 2.49**
Cross Rib Roast
Beef Chuck, Boneless... **lb. 2.19**
Pork Shoulder Boston Butt
Sliced... **lb. 1.44**
Smoked Ham
Center Slice... **lb. 1.98**

Pork Spare Ribs
Fresh Frozen... **lb. .99**

Pork Shoulder Boston Butt
Whole or Half, Great for B.B.Q... **lb. 1.28**

Sugar Cured Smoked Ham
Fully Cooked, Whole or Shank Half... **lb. .98**
Smoked Ham Sugar Cured, Fully Cooked, Butt Portion... **lb. 1.18**
Ground Beef Patties Lady Lee Frozen—does not exceed 30% fat, Great for B.B.Q... **1 lb. pkg. 1.59**
Ground Beef Patties Lady Lee Frozen—does not exceed 30% fat, Great for B.B.Q... **6 lb. carton 8.99**
Corned Beef Brisket The Real McCoy, Fine for B.B.Q... **lb. 1.82**
Slab Bacon By the piece... **lb. .86**

Ground Beef
(does not exceed 30% fat) any size package... **lb. 1.28**

Beef Rib Steaks
... **lb. 2.79**

C & D Brand Young Ducklings
Oven Ready, USDA Grade A, Frozen... **lb. .98**
Genuine Spring Lamb Legs
Product of New Zealand, USDA Inspected, Fresh Frozen... **lb. 1.57**
Lady Lee Bacon
Sliced... **1 lb. pkg. 1.08**
Lady Lee Bacon
Sliced-Thick... **2 lb. pkg. 2.15**
Lady Lee Pork Sausage
Mild or Hot, Fresh Frozen... **1 lb. roll .79**

Del Monte Juice Drinks
Pineapple Grapefruit, Pink Pineapple Grapefruit or Pineapple/Orange... **46 oz. .69**

Dole Pineapple
Juice Pack-Sliced, Chunk or Crushed... **20 oz. .69**

Apple Juice or Apple Cider
Lady Lee... **Gal. 2.89**

Lady Lee Diapers
Disposable-Extra Absorbent 48's or Toddler's 40's... **pkg. 4.99**

Food Storage Bags
Lady Lee... **75's 1.31**

Stayfree Sanitary Napkins
Maxi Pads-Regular or Super... **12's 1.10**

Carefree Panty Shields
Regular... **30's 1.59**

Aurora Bathroom Tissue
Soft Prints, 2-Ply, Assorted Colors... **4's 1.39**

Lady Lee Cream Cheese
... **8 oz. .79**

Marco Polo Salame
Dry Italian, Party Pak - Sliced... **9 oz. 1.99**

Oscar Mayer Bologna
Sliced-Meat or Beef... **8 oz. .99**

Armour Hot Dogs
Meat or Beef... **16 oz. 1.39**

Kraft Real Mayonnaise
... **32 oz. 1.39**

Lucky Lager Beer
11 oz. Non-Returnable Regular or 50 Extra Light... **12's 2.49**

Carlo Rossi Wines
Rhine, Vin Rose, Burgundy or Chablis... **1.5 Ltr. 2.15**

Dial Bar Soap
Bath Size-Assorted Colors... **5 oz. .45**

Watermelons
Red-ripe, sweet and juicy! (Cut 1/2 lb. 14)... **lb. .12**

Nectarines
A delicacy, full of juice and flavor... **lb. .39**

Cucumbers
Green 'n' crisp!... **each .19**

Dry Roasted Peanuts
Planter's-Salted or Unsalted... **16 oz. 1.69**
Scoopy's Ice Cream Cups
... **24's .82**
Blue Bonnet
Light Tasty Soft Spread... **32 oz. 1.25**

Comet Liquid Cleanser
... **14 oz. .70**

Textile Glass Plus
Window Cleaner Reill... **32 oz. .88**
Textile Spray 'N' Wash
Non-Aerosol... **22 oz. 1.57**
Aerosol
... **16 oz. 1.52**

Gain Detergent
... **49 oz. 1.81**

Friskies for Cats
Assorted Varieties Canned... **6.5 oz. .29**

9-Lives Cat Food
Dry-Tuna & Egg... **22 oz. .78**

Sunshine Cheez-Its
Crackers... **16 oz. .99**

Nestle's Quik
Banana Flavored Cocoa... **16 oz. 1.39**

Carnation Slender
Liquid-Chocolate Fudge... **10 oz. .51**

Chocolate Powdered
... **4's 1.38**

Diet Bar-Chocolate or Chocolate Peanut Butter
... **8's 1.71**

Diaparene
Baby Wash Cloths... **150's 2.17**

Rave Perm Kit
Regular... **Kit 4.39**

Kodak Color Print Film
C-110... **24 exposures 2.17**
C-126... **20 exposures 1.99**

Bananas
America's favorite fruit!... **lb. .23**

Celery
Large stalks fresh from local farms!... **each .39**

Leaf Lettuce
Select from Red, Butter, Green Leaf or Romaine... **each .29**

Olympic Meal Buns
Harvest Day Hamburger... **8's .59**

Hamburger Helpers Betty Crocker
Beef Noodle 6.5 oz., Cheeseburger & Macaroni 8 oz., Lasagne 7.75 oz., or Potato Au Gratin 6.5 oz... **pkg. .81**

Folger's Coffee
All Grinds... **1 lb. 3.19**
All Grinds... **2 lb. 5.69**
All Grinds... **3 lb. 8.49**
Instant Coffee Crystals... **2 oz. 1.39**
Instant Coffee Crystals... **6 oz. 3.49**
Instant Coffee Crystals... **10 oz. 4.85**
Flaked Coffee-Instant... **13 oz. 2.79**
Flaked Coffee-Instant... **26 oz. 5.13**
Flaked Coffee-Instant... **39 oz. 7.59**

White Bread Dough
Bridgeford-Frozen, 3's... **48 oz. 1.12**

Parkerhouse Rolls
Bridgeford-Frozen... **25 oz. .83**

Seneca Apple Juice
Frozen... **12 oz. .87**

Hungryman Dinner
Frozen, Sliced Beef... **17 oz. 2.19**

Sara Lee Cheese Cakes
Frozen-Original 17 oz., Strawberry Cream or Blueberry Cream 19 oz... **pkg. 1.95**

Buffet Suppers
Banquet, Frozen-Salisbury Steak/Gravy... **32 oz. 1.77**

Rich's Desserts
Frozen-Cream Puffs 6's 11 oz. or Chocolate Eclairs 4's 8 oz... **pkg. 1.08**

Perch Fillets Frozen-Rupert's-Cert-Fresh... **16 oz. 2.43**

Pert Shampoo
Assorted Types Normal/Dry or Oily... **7 oz. 1.29**

Bayer Aspirin
... **100's 1.44**

Metal Ice Cream Scoop
... **each .99**

Discount Prices on Cookout Needs!

Kraft Jet Marshmallows
... **16 oz. .59**

Lady Lee Pretzels
Assorted Varieties... **9 oz. .55**

Classic Paper Plates
9 Inch... **100's 1.29**

Wonder Foam Cups
Hot or Cold, 7 oz... **51's .73**

Lady Lee Napkins
Assorted... **300's 1.19**

Charcoal Briquets
Lady Lee... **10 lb. 1.65**

Dinner Franks
Lady Lee-Beef or Meat... **16 oz. 1.29**

Marco Polo Salame
Dry Italian - Chub... **16 oz. 3.75**

American Processed Cheese
Lady Lee-Sliced... **12 oz. 1.59**

Lady Lee Chunk Cheese
Sharp Cheddar-Random Weight... **lb. 2.59**

Lady Lee Chunk Cheese
Medium Tillamook-Random Weight... **lb. 2.65**

French's Mustard
... **9 oz. .41**

Lady Lee Dips
Beacon & Onion, French Onion or Cream... **8 oz. .54**

Potato Salad
Bettermade... **32 oz. 1.19**

Vlasic Dill Pickles
Polaki Wyrrob Fresh Pak, Kosher Fresh Pak or Whole... **46 oz. 1.29**

Del Monte Relishes
Assorted Varieties... **12 oz. .63**

Oberti Ripe Olives
Large Pitted... **6 oz. .69**

Lady Lee Beverage Mix
8 Quart-Assorted Flavors... **24 oz. 1.39**

Lady Lee Beverages
Plastic-Assorted Flavors... **2 Ltr. .85**

Lady Lee Large Eggs
Grade AA... **dozen .73**

Harvest Day Buns
Hot Dog, Hamburger-Plain or Sesame... **8's .47**

Barbecue Sauce
Kraft-Hickory, Hickory Smoke, Hot or Regular... **18 oz. .73**

Aluminum Foil
Lady Lee-Heavy Duty... **37.5 ft. .88**

Van Camp's Pork & Beans
... **16 oz. .34**

KEY BUYS

Key Buys are exceptional purchases or a manufacturer's temporary promotional allowance... and Lucky passes these savings on to its customers as Key Buys. Look for the Key Buy tags on the shelves...they're the signal for added savings!

Lucky

DISCOUNT SUPERMARKETS

Prices effective Wednesday, July 2nd thru Tuesday, July 8, 1980.

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Liquor Items are available in stores with In-Store Liquor Departments ONLY.

Small business workers among happiest in U.S. labor force, study finds

Workers in small, family-owned businesses may be among the happiest in America's labor force even though their wages are usually low, according to a study by a sociologist at the University of California, Riverside.

They typically have close relationships with their supervisors, plenty of freedom to work as they choose and a variety of functions to stave off boredom, says UCR sociology instructor Richard Krooth.

This is one of the preliminary conclusions Krooth has drawn from his ongoing study of workers and their lifestyles in the small community of Isla Vista near Santa Barbara.

In contrast to workers in small businesses, Krooth has found that those on factory assembly lines making similar wages are often dissatisfied. Far removed

from their employers, they are locked into performing repetitive tasks at a pre-set pace, he says.

"They're just like machinery," says Krooth. "Because their job tasks have become so generalized, anyone can acquire their 'skill' relatively quickly. They have a lot less bargaining power. They have very little control over the product, the methods of assembling it or its distribution. Dissatisfied or frustrated, many of them leave their jobs, making the turnover rate high."

Krooth, a former lawyer, is a graduate of UC-Santa Barbara and teaches legal, industrial, labor and community sociology at UC-Riverside. He is supervising a team of 13 students and community members in surveying and observing residents as the project nears completion of its second year.

The aim, Krooth says, is to evaluate people's living status as a function of their

jobs.

Krooth also found the type of worker who can find satisfaction in a large firm, such as a bank, because of the greater variety of potential positions, pay levels and the opportunity to "move up the ladder."

And the observations have uncovered a separate class of people who find so little satisfaction in work that they become drop-outs. "There are many people who prefer not to work," says Krooth. "It drains too much from them. So they exist on part-time jobs and remove themselves from the work world because they feel such a total lack of control there."

Made up in large part by students, Isla Vista's population fluctuates between 6,500 and 12,000. A wide range of peoples — from the elderly to new immigrants from Southeast Asia — come together there, Krooth says.

The survey, in sampling

nearly 200 family units so far, has found that about 70 percent of them earn less than \$7,000 a year.

"We're trying to show that there is a relationship between the income they receive and the way they live in the community, and that this has unexamined implications," says Krooth. "These include the standard of housing they can afford and their diet."

There was a time in America when some employers wielded enough influence to control living conditions in an area to the benefit of their employees, says Krooth. Steel magnate Andrew Carnegie did that after breaking the workers' union in Homestead, Pa., during the late 1800s, he says.

"Employers no longer have any power to provide the amenities that would lower the cost of living," Krooth says.



JUST A GAME — Albany High School students (from left) Robert Marshall, Jeff Smith and Issard Ked receive a third place award for their efforts in a 10-week high school stock market game, over 900 students from the Bay Area participated in the game, sponsored by the Securities Industry Association and the California State University-Hayward's School of Business Economics. Presenting the award is John Harris, vice president and resident manager of Smith Harris Upham and Company. The Albany High School advisor was John Senuta.

nia State University-Hayward's School of Business Economics. Presenting the award is John Harris, vice president and resident manager of Smith Harris Upham and Company. The Albany High School advisor was John Senuta.

PUBLIC NOTICE

NOTICE OF DEATH OF

THEODORE R. PATTERSON
AND OF PETITION TO
ADMINISTER ESTATE
Case No. 55257
SUPERIOR COURT OF CALIFORNIA
COUNTY OF CONTRA COSTA
725 Court Street
P. O. Box 911
Martinez, CA 94553
ESTATE OF
THEODORE R. PATTERSON
DECEDENT

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of THEODORE R. PATTERSON:

A petition has been filed by WINIFRED LANHAM in the Superior Court of Contra Costa County requesting that WINIFRED LANHAM be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. A hearing on the petition will be held on July 16, 1980 at 9:00 A.M. in Dept. 9 located at Courthouse, Ward and Main Streets, Martinez, CA 94553.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1200 of the California Probate Code.

s/ Blair F. Burton
BLAIR F. BURTON
6318 Fairmount Ave.
El Cerrito, CA 94530
Attorney for petitioner
J-1200—June 25, July 2, 9, 1980.

PUBLIC NOTICE

FICTITIOUS BUSINESS

NAME STATEMENT

FILE NO. 40942

The following person is doing business as:

D & D APPLIANCE SERVICE

505 Kains Ave.

Albany, CA 94706

DONALD L. WENNENBERG

505 Kains Ave.

Albany, CA 94706

S/S DONALD L. WENNENBERG

This statement was filed with the County Clerk of Alameda County on June 24, 1980.

CERTIFICATION

I hereby certify that the foregoing is a correct copy of the original on file in my office.

Dated: June 24, 1980

RENE C. DAVIDSON,

County Clerk

By: E. THOMAS, Deputy Clerk

3272A—July 2, 9, 16, 23, 1980

FICTITIOUS BUSINESS

NAME STATEMENT

FILE NO. 41045

The following person is doing business as:

ALBRIGHTS ARTS

AND ANTIQUES

1507 Solano Ave.

Albany, CA 94707

TED A. FARBER

12240 Blithen Way

Oakland, CA 94619

This business is conducted by an individual.

Signed: TED ALBRIGHT FARBER

This statement was filed with the County Clerk on June 30, 1980.

CERTIFICATION

I hereby certify that the foregoing is a correct copy of the original on file in my office.

Dated: June 30, 1980

RENE C. DAVIDSON,

County Clerk

By: Evelyn Guice, Deputy

A-3273—Publish July 2, 9, 16, 23, 1980

Obituaries

Rachael McKenzie

EL CERRITO — Funeral services were held recently for Rachael McKenzie, 82, long-time local resident who died June 24 in a Berkeley hospital.

A native of Montana, she lived most recently at 6850 Snowden Ave. She is survived by her widower, Clark McKenzie; a daughter, Shirley Hess of Seattle, Wash., and a son, Clark Jr. of El Cerrito.

She was a member of St. John the Baptist Catholic Church.

Helen Reese

EL CERRITO — Funeral services for Helen Reese, a 60-year-old native of Fresno, were set for 2:30 p.m. today at Civic Center Chapel of Wilson & Kratzer Mortuaries.

Mrs. Reese was a resident of El Cerrito and a member of the Calvary Presbyterian Church in Berkeley.

Survivors include her daughter, Donna Kozelski of El Cerrito; her sister, Cleo Mattox of Fresno; her brothers, Jack Mattox of Fresno and Roy Mattox of Santa Cruz; two grandchildren and three great-grandchildren.

PUBLIC NOTICE

FICTITIOUS BUSINESS

NAME STATEMENT

FILE NO. 40713

THE FOLLOWING PERSON IS DOING BUSINESS AS:

CHINA HOUSE

1113 Solano Ave.

Albany, CA 94707

DING, LI-CHUEN

1229 Richmond St.

El Cerrito, CA 94530

This business is conducted by an individual.

Signed: DING, LI-CHUEN

This statement was filed with the County Clerk of Alameda County on June 12, 1980.

CERTIFICATION

I hereby certify that the foregoing is a correct copy of the original on file in my office.

Dated: June 12, 1980

RENE C. DAVIDSON,

County Clerk

By: PAT CLARK, Deputy

A-3271—June 25, July 2, 9, 16, 1980

William Zenoni

EL CERRITO — Funeral services for William Zenoni, who died Saturday at the age of 54, were held Monday.

Mr. Zenoni was a native of Canon City, Okla., and was a member of St. John the Baptist Catholic Church and the American Society of Engineers. He was employed as an engineer with the State of California.

He is survived by his wife, Alma; his sons, William Zenoni Jr., of Concord and Robert Zenoni of El Cerrito; his daughter, Mrs. Susan Beuler of San Pablo; his sister, Barbara Werner of El Cerrito; and one grandchild.

A Mass of Christian burial was celebrated Monday at St. John the Baptist Church in El Cerrito. Interment was in St. Joseph Cemetery in San Pablo.

County agency seeks homes for children

The Alameda County Social Services Agency says

there is a continuing need for foster homes for teenagers. One boy who needs a home right now is Kevin (not his real name).

His mother and stepfather are both incarcerated and his natural father, who lives out of state, is unable to provide a home for him,

the agency said.

Kevin has a very disruptive life because the family was on the run for several years. They never lived in one place very long and the children were discouraged from forming friendships. Kevin has had some problems relating to other children in his current home and school.

Kevin enjoys building models and is an avid sports fan. He would like to be in a home close enough to visit his brother, who is in a foster home in Hayward, and his mother, who is incarcerated in Pleasanton.

To learn more about becoming a licensed foster parent for a child in need of

a home, call the County Social Agency at 878-4600.

The payment for and care of foster children ranges from \$180 a month depending on child's age. Medical expenses are financed through Medi-



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Ask for the Circulation Department

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- Each letter, punctuation mark or space between words count as a unit.

- Hyphenate words properly. Leave space at the end of line if the word does not fit.
- Clearly indicate whether caps or lower case letters are to be used.
- Money will be credited at our discretion for any mistake on our part.

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We reserve the right to use our discretion in the selection of advertisements and in how long they will run. The Times Journal will not be liable for the condition of any item advertised herein. We will not be responsible for errors in advertising except for the cost of the space occupied by the error.

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2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
9		9	
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check wheel seals, brake hoses &
new brake • Road test car. We use
1st quality workmanship & materi-
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215-13 XWW	85.84	2.91
225-15 XWW	89.46	3.34
185-13 XXL	41.03	1.39
185-13 XXL	43.07	1.48
185-13 XXL	47.33	1.61
175-13 XXL	50.14	1.88
175-14 XXL	53.11	2.06
165-14 XXL	50.61	1.73
175-14 XXL	53.11	2.06

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